# Underneath My Skin



Count: 48 Wall: 4 Level: Beginner / Improver

Choreographer: James Hendry (UK) - February 2011

Music: Please Don't Let Me Go - Olly Murs



#### [1-8] Walk Right Left, Rock Forward, Back Lock Back, Coaster Step

| 1-2 | Walk Right, | Walk Left |
|-----|-------------|-----------|
|     |             |           |

3&4 Rock Forward On The Right, Recover On left Stepping Back On Right.

5&6 Step Back On Left, Lock Right, Step Back On Left.

7&8 Step Back On Right. Step Left Beside Right. Step Right Forward.

#### [9-16] Cross Rock, Chasse Left, Back Rock ½ Turn Shuffle

| 1-2 | Cross Left Over In Front Of Right, Recover Weight Onto Right.           |
|-----|---|
| 3&4 | Step Left To Left Side, Step Right beside Left, Step left To Left Side. |
| 5-6 | Rock Back On Right, Recover Onto Left.                                  |

7&8 Shuffle ½ Half Turn Right Left Right.

### [17-24] Coaster Step, Kick Ball Step, Kick Ball Step, Stomp Feet

| 1&2 | Step Back On Left, Step Right Beside Right, Step Forward On Left.    |
|-----|--|
| 3&4 | Kick Right Foot Forward, Step Down On Right Foot, Step Left Forward. |
| 5&6 | Kick Right Foot Forward, Step Down On Right Foot, Step Left Forward. |

7&8 Stomp Out Right, Left, Right.

#### [25-32] Left Sailor, Behind-Turn 1/4 Step Forward Right, Shuffle Forward, Step Half Step

| 1&2 | Step Left Behind Right, Step Right Beside Left, Step Left Beside Right.    |
|-----|--|
| 3&4 | Cross Right Behind Left, Step Left To The Side ¼ Turn, Step Right Forward. |

5&6 Shuffle Forward Left, Right, Left.

7&8 Step Forward On Right, Half Turn Over Left, Step Right Forward. (\*\*)

#### [33-40] Step, Touch, Back Shuffle, Coaster Step, Point Out Right, Hook 1/4 Turn

| 1-2  | Step Forward Left, Touch Right To Left Heel.                     |
|------|--|
| 3&4  | Step Back On Right, Step Left Next To Right, Step back On Right. |
| 58.6 | Sten Left Back, Sten Right Next To Left, Sten Left Forward       |

5&6 Step Left Back, Step Right Next To Left, Step Left Forward.
7-8 Point Right To Out To Right Side, Hook Right With A ¼ Turn.

#### [41-48] Step, Step¼ Turn, Right Sailor Step, Left Toe Unwind ½ Turn Stomp Right Left

| 4 🙃 | O         | O D: : :  | 4 / <del>T</del> O / |              |
|-----|-----------|-----------|----------------------|--------------|
| 1-2 | Sten Down | ()n Right | 1/2 Turn Step        | Lett Lo Side |

3&4 Step Right Behind Left, Step Left To Left Side, Step Right Next To left.

5-6 Dig Left Toe Behind Right Heel, Unwind ½ Turn.

7&8 Stomp Right, Stomp Left. 1-2 Step Forward Right ½ Turn Over Left

## Tag: (\*\*) On Wall Two And Tag On Wall Five After You Have Danced Section 4.

Step Half, Step Half

1-2 Step Forward Right ½ Turn Over Left3-4 Step Right Forward ½ Turn Over Left

Contact: Email: Jamie.T.Hendry@Live.co.uk