Zhuo Ma



Count: 50 Wall: 2 Level: Phrased Intermediate

Choreographer: Zhao Shu Xin & Yang Zi Qing - November 2008

Music: Zhuo Ma - Ya Dong



Sequence: A, Tag, A, A, A, B, B, A, A, B, B, B', Tag, A, A, A ENDING

Intro - start on vocal

Part A

[1 - 8] Section 1: STEP, CHASSE LEFT, ROCK STEP; STEP, CROSS, PT R, PT FRONT

1 Step RF forward

2 & 3 Chasse to L – LRL [hand movement – on ct 3, open up both arms like an eagle]
4 & Rock RF across LF, recover [hand movement – swing R arm downward to L]

5 Step RF to R [Hand movement: raise R arm back]

6 Step LF across RF [Hand movement: swing L arm downwards to R]

7 Point RF to R [Hand movement: raise L arm back)

8 Point RF forward [hand movement: swing R arm in front]

[9 - 16] Section 2: RF RONDE BACK, 1/2 PIVOT TURN L, FULL TURN R ON SPOT

1 Ronde RF to back, body angling R [Hand movement – swing both arms to R] (6:00)

2 Ronde RF to L, while doing a ½ turn to L, point R toes forward

[Hand movement: swing both hands to L while turning to L]

3&4& Turn 1/4 R step R forward, turn 1/4 R, step LF forward; repeat above (6:00)

[Note: perform these 4 steps on toes; hand movement -hands by the sides]

Tag 1: ROCKING CHAIR

1&2& Rock RF to R, recover on LF, rock RF back, recover on LF

Repeat A, A, A

Part B

[1 - 8] (facing 12:00) Section 1: ROCK R & L, STEP R, CROSS STEP R HEEL TOUCH; ROCK L & R, STEP L, CROSS STEP L HEEL TOUCH

1 & 2 Rock R, L, step RF to R, drag LF along

[hand movement – open arms up gradually like wings]

3 & 4 Cross LF in front of RF, step RF back, touch L heel forward

[hand movement – circle L arm in front of body to vertical, making R angle with R arm; look over to L diagonal]

5 & 6 Rock L,R, step LF to L, drag RF along [hand movement – open arms up gradually like wings]

7 & 8 Cross RF in front of LF, step LF back, touch R heel forward

[Hand movement – same like 3 & 4, reverse direction]

[9-16] Section 2: R TOE TOUCH, HITCH, STEP RF FW ,L TOE TOUCH HITCH, STEP LF FW; PT RF FW, ½ TURN R SHUFFLE FW, FULL TURN L

1 & 2 Touch R toes forward, hitch left knee slightly, step RF down

[Hand movement – place clenched fists in front of abdomen, like holding the rein of a horse]

3 & 4 Touch L toes forward, hitch right knee slightly, step LF down

&5 Point RF forward, 1/2 turn right & 6 & R shuffle forward RLR (6:00)

&7,8 Step LF forward, step RF next to LF, ronde LF anticlockwise while. *full turn L, step LF down

(6:00)

(* Replace with 1 1/2 turn L or simplified ½ turn L for the last repetition, followed by Tag 1)

[17 - 24] Section 3: STEP FW & SIDE POINT 2x, POINT R FW,BK, FULL TURN L

1 – 2 Step RF forward, point LF to L

[Hand movement – L arm stretched to side, R arm raised up vertically to make Rt angle with R arm]		
3 – 4	Step LF forward, point RF to R [Hand movement – reverse direction of above]	
5 – 6	Touch RF forward, touch RF backward[Hand movement - swing both arms to L, then to R	
7& 8	Spiral full turn L, touch RF forward (6:00)	
[25 – 32] Section 4: WALK BW 3X AND KICK LF FW, WALK BW 3X AND KICK RF FW; STEP R FW, PT L FW		
1&2&	Walk back with small steps - RLR - kick LF forward	
[Body movement	nt- slowly lower raised arms with palms facing fw, move shoulder fw & bw slightly	
synchronizing with the walks]		
3&4&	Walk back with small steps - LRL - kick RF forward [Body movement - continue the above]	
5 – 6	Step RF forward, point LF forward	
7 – 8	Ronde LF to back, full turn L, step RF forward	
9 – 10	Point LF to L, step LF in front of RF[Hand movement: same like Part B section 3 ct 1-4]	

Repeat B, A, A, B, B, B'(1 - 16 with 1 1/2 turn on last ct 7 & 8), TAG , A,A,A end

Ending

1	Step RF forward
2 & 3	Chasse to L – LRL
4 &	Rock RF across LF, recover
5 – 6	Step RF to R, cross LF over RF
7 – 8	Make 1/2 turn R, pivoting on LF, step RF backward slightly, point LF forward, bow.