Hold Me For The Last Time

Count: 32   **Wall:** 4   **Level:** Intermediate

Choreographer: Anne Frydenlund (DK) - May 2011

Music: Hold Me Now - Johnny Logan

The Dance starts after 8 counts on lyrics.

S1. Side back rock , Side back Rock, Step turn step, Step lock step L

1 – 2 &	Step right to right side, Cross rock left behind right, Recover onto right
3 – 4 &	Step left to left side, Cross rock right behind left, Recover onto left
5 - 7	Step right forward, Turn ½ (weight on left), Step right forward
8 & 1	Step left forward, Lock right behind right, Step left forward

S2. Rock step R, Recover, Step, Sweep L, Behind side cross, Side rock recover, Cross shuffle

2 & 3	Rock step right forward, Recover on left, Step back on right
& 4 & 5	Sweep Left back, Cross left behind right, Step right to right side, Cross left over right
6 – 7	Step right to right side, Recover on left
8 & 1	Cross right over left, Step left to left side, Cross right over left

S3. ¼ turn R, Coasterstep R, Step lock step L, Side back rock

2	Step left back ¼ turn R
3 & 4	Step right back, Step left beside right, Step right forward
5 & 6	Step left forward, Lock right behind left, Step left forward
7 – 8 &	Step right to right side, Cross left behind right, Recover on right

S4. ¼ turn R, ¼ turn R, Cross, Side R, Back rock L, Recover, ¼ turn R, ¼ turn R, Cross, Side R, Step L beside

1 – 2	Step left back ¼ turn R, Step right ¼ turn R
3 & 4 &	Cross left over right, Step right to right side, Back rock left behind right, Recover on right
5 – 6	Step left back ¼ turn R, Step right ¼ turn R
7 – 8 &	Cross left over right, Step right to right side, Step left beside right

Tag: After 3. Wall facing 3.00 o'clock there is a tag on 4 counts.

1-4	Step right to right side, Touch left beside right, Step left to left side, Touch right beside left

Start again from The beginning of the dance.

Ending: On the 7th Wall you will dance the first 14 counts and end at 12 o'clock. It's important to follow the beat in the music because the beat is slowing down.