Ding Ning



Count: 32 Wall: 4 Level: Beginner

Choreographer: Linda Lee (MY) & Luvi Ong (MY) - June 2011

Music: Exhorted - Xie Caiyun



Start after (32 counts)

FWD, HOLD, SIDE TOGETHER, BACK, HOLD, SIDE TOGETHER

1-4 step L fwd, hold, step R to R side, step L beside R
5-8 step R back, hold, step L to L side, step R beside L

FWD ROCK 1/2 TURN L, HOLD, FWD MAMBO HOLD

1-4 rock L fwd, , recover on R, 1/2 turn L, stepping L fwd, hold (6.00)

5-8 rock R fwd, recover on L, step R back, hold

CROSS SIDE BEHIND, RONDE, BEHIND SIDE CROSS, 1/4, FLICK

1-4 cross L over R, step R to R side, step L behind R, ronde R from front to back

5-8 step R behind L, step L to L side, cross R over L, make 1/4 turn R, flick back on L (9.00)

R & L, FWD LOCK STEP, HOLD

step L fwd, step R behind L, step L fwd, holdstep R fwd, step L behind R, step R fwd, hold

Enjoy Your Dance

Contact: lindaluvi@gmail.com