# Dancing Horse (Il Ballo del Cavallo)



Count: 32 Wall: 1 Level: Beginner

Choreographer: Russell Breslauer (USA) - June 2011

**Music:** Il Ballo del Cavallo - Alberto Selly or: Il ballo del cavallo - Sabrina Musiani



### STEPS LEFT SLIDES RIGHT

1 -4 Turning body left (9:00) and moving left step (LRL then lift R) while arms make riding motion.
 5 - 8 Turning body front (12:00) and moving right step R to right side and slide L next to right, step R to right side and slide and lift (hitch) L next to right while right arm is raised making a lasso

motion

## FORWARD AND BACK

1 - 4 Step forward (LRL) then lift (and paw like a horse) R while arms are throwing the lasso.
5 - 8 Step back (RLR) then lift (and paw like a horse) L while arms are taking up the lasso.

### TURNING VINES TO THE LEFT THEN TO THE RIGHT

1 - 4 Step L turning ½ then R turning ¼ then L turning ¼ all counterclockwise lift R

5 - 8 Step R turning ½ then L turning ¼ then R turning ¼ all clockwise lift left

### ROLL HIPS TO THE RIGHT THEN BEND AND STRAIGHTEN KNEES TWICE

1 - 4 Staying in place, roll your hips to the right (clockwise) for 4 counts
5 - 8 Bend and straighten knees twice while arms make a riding motion.

#### **REPEAT**

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