You Better Run



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Adriano Castagnoli (IT) - July 2011

Music: You Better Run - Tori Darke



2 SWIVEL RIGHT, 2 KICK RIGHT, ROCK BACK RIGHT

1-2 Taking Weight Onto Right Heel And Left Toe Swivel Both Toes To Right, Return Feet To

Centre

3-4 Repeat 1-2

5-6 Kick Right Forward (Twice)

7-8 Rock Back On Right, Return On Left

LOCK FORWARD RIGHT, HOLD, FULL TURN RIGHT, HOOK

1-2 Step Right Forward, Lock Left Behind Right

3-4 Step Right Forward, Hold

Step Left Forward, Pivot ½ Turn Right (Weight On It)
 Turning ½ To Right Step Left Back, Hook Right Over Left

STEP, SCUFF, 2 JUMP ONTO RIGHT, STEP, STOMP, SWIVEL HEELS

1-2 Step Right To Right, Scuff Left Beside Right
3-4 Jumping Onto Right And Leg Left Up (Twice)
5-6 Step Left Forward, Stomp Right Forward

7-8 Swivel Both Heels To Right, Return Heels To Centre

STEP, BACK, KICK, CROSS, POINT RIGHT, BACK, POINT LEFT, SLAP

1-2 Step Left To Left Side, Step Right Back3-4 Kick Left Forward, Cross Left Over Right

5-6 Point Right Toe To Right, Step Right Behind Left

7-8 Point Left Toe To Left, Slap Right On Left Heel Behind Right

GRAPEVINE LEFT, STOMP, ROCK STEP, TOE BACK, TURN ½ RIGHT

1-2 Step Left To Left, Cross Right Behind Left

3-4 Step Left To Left, Stomp Right

5-6 Rock Forward Onto Right, Return On Left 7-8 Touch Right Toe Back, Turn ½ To Right

CHASSE LEFT, ROCK BACK, TURN 1/4 LEFT, STOMP, TURN 1/4 LEFT, STOMP

1&2 Step Left To Left, Close Right Beside Left, Step Left To Left

3-4 Rock Back Onto Right, Return Onto Left

Turning ¼ To Left Step Right To Right, Stomp Left
 Turning ¼ To Left Step Left Forward, Stomp Right

TOES STRUT BACK, ROCK BACK, 2 STOMP

1-2 Step Right Toe Back, Drop Right Heel Taking Weight3-4 Step Left Toe Back, Drop Left Heel Taking Weight

5-6 Rock Back Onto Right, Return On Left

7-8 Stomp Right Beside Left, Stomp Right To Right Side

SWIVEL HEELS, POINT RIGHT, CROSS BACK, TURN 1/2 RIGHT, STOMP

1-2 Swivel Both Heels To Right, Return Heels To Centre

3-4 Repeat 1-2

5-6 Point Right Toe To Right, Cross Right Toe Behind Left

REPEAT

RESTART: After 36 count of the 6th repetition restart the dance again