# High Heels To Fill

**Count: 32** 

Level: Easy Intermediate

Choreographer: Forty Arroyo (USA) - August 2011

Music: High Heels - Courtney Darwin : (CD: Born To Love)

Sequence: 32, 32, 16 >> RESTART, 32, 32, TAG#1, 32, TAG#2, 32, 16... (Ends)Don't be alarmed by the re-start and tags – the music will guide you.[1-8] SIDE, ROCK, RECOVER, STEP, BALL, STEP – REPEAT (ends at 12 o'clock)1, 2&Step side R, Rock ball of L behind R, Step R in place3&4Step forward on L diagonal, Step ball of R behind L, Step forward on L diagonal5-8Repeat

## [9-16] STEP, ¼ LEFT, ¼ RIGHT, ½ LEFT, STEP, ROCK, STEP, ROCK, STEP (ends at 6 o'clock )

- 1, 2 Step forward on R, Pivot ¼ to L shifting weight to L
- 3, 4 Turn ¼ to R stepping R in place, Pivot ½ turn to left stepping L in place
- 5, 6 Step forward R, Step forward L
- &7&8 Step forward on R(&), Step L next to R(3), Step back on R(&), Step L next to R(4)

RESTART HAPPENS HERE AT 12 o'clock (after two full rotations)

### [17-24] STEP, PUSH AND BUMP, STEP, PUSH AND BUMP (ends at 6 o'clock)

- 1, 2 Step slightly forward on R diagonal pushing hips forward, Step L in place pushing hips back
- 3&4 Bump hips R, L, R (weight on R)
- 5, 6 Step slightly forward on L diagonal– pushing hips forward, Step R in place pushing hips back
- 7&8 Bump hips (in place) L, R, L (weight on L)

### [25-32] STEP, CROSS, STEP, SWAY, SHUFFLE, PIVOT 1/4 (ends at 3 o'clock)

- 1&2 Step back R diagonal, Cross L over R, Step back R diagonal
- 3&4 squaring off to 6 o'clock Sway hips to L, Sway hips to R
- 5&6 Step forward on L, Step R next to L, Step forward on L
- 7, 8 Step forward on R, Pivot ¼ to L shifting weight of L.

### TAG#1 – 8 counts – happens at 12'oclock

### (1 - 8) NC2 - R SIDE BASIC, L SIDE BASIC

- 1 2& Step R to side(1), Step L slightly behind R (2), Step R in place slightly forward and across L (&)
- 3, 4& Step L to side (3) Step R slightly behind L (4), Step L in place slightly forward and across R (&)
- 5, 6& Step R to side(1), Step L slightly behind R (2), Step R in place slightly forward and across L (&)
- 7, 8& Step L to side (3) Step R slightly behind L (4), Step L in place slightly forward and across R (&)

### Tag#2 – Sway R, L, R, L – happens before and the ONLY time you start the dance at 9 o'clock

Finale: You will be starting the dance at 12 o'clock

Dance up to count 16 (now at 6 o'clock) – then do the following:

1-4 Step forward on R, Pivot ¼ L, Step forward on R, Pivot ¼ L

ENJOY!! Questions? Email forty.arroyo@gmail.com Revised 8/24





Wall: 4