

Goin' Commando

Count: 32

Wall: 4

Level: Beginner

Choreographer: Bracken Heidenreich (USA) - September 2011

Music: Commander (feat. David Guetta) - Kelly Rowland



This is meant to be a beginner floor split for all those pop tracks out there. Enjoy!

32 count intro.

Heel, Touch, Slide, Touch (2X)

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|-----|--|
| 1,2 | Tap Right heel forward; Touch Right next to left |
| 3,4 | Large step Right to right side; Touch Left next to right |
| 5,6 | Tap Left heel forward; Touch Left next to right |
| 7,8 | Large step Left to left side; Touch Right next to left |

Push 1/4 turn left, Kick ball change, Kick ball change

- | | |
|-----|--|
| 1-2 | Using ball of Right foot, push 1/8 turn left; Replace weight to Left |
| 3-4 | Using ball of Right foot, push 1/8 turn left; Replace weight to Left |
| 5&6 | Kick Right forward; & Step ball of Right slightly back; Step Left in place |
| 7&8 | Kick Right forward; & Step ball of Right slightly back; Step Left in place |

Step Touches

- | | |
|-----|--|
| 1,2 | Step Right to forward right diagonal; Touch Left next to right |
| 3,4 | Step Left to forward left diagonal; Touch Right next to left |
| 5,6 | Step Right to back right diagonal; Touch Left next to right |
| 7,8 | Step Left to back left diagonal; Touch Right next to left |

V-Step (2X)

- | | |
|-----|--|
| 1,2 | Step Right to forward right diagonal; Step Left to forward left diagonal |
| 3,4 | Step Right back to center; Step Left next to right |
| 5,6 | Step Right to forward right diagonal; Step Left to forward left diagonal |
| 7,8 | Step Right back to center; Step Left next to right |

Begin Again and Have Fun!!!

This step sheet may be freely copied intact; however, modifications to this step sheet may not be made without the permission of the choreographer.