

# Bama Slam

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Tom Avinger (USA) - October 2011

**Music:** If You Want My Love - Laura Bell Bundy



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## **TOUCH, TOUCH, SAILOR STEP, TOUCH, TOUCH, SAILOR STEP**

- 1 – 2 Touch Right Forward, Touch Right To Side
- 3 & 4 Right Sailor Step
- 5 – 6 Touch Left Forward, Touch Left To Side
- 7 & 8 Left Sailor Step

## **LOCK STEP, SHUFFLE, LOCK STEP, SHUFFLE**

- 1 – 2 Step Right Forward, Lock Step Left Behind Right
- 3 & 4 Shuffle Forward Right, Left, Right
- 5 – 6 Step Left Forward, Lock Step Right Behind Left
- 7 & 8 Shuffle Forward Left, Right, Left

## **JAZZ BOX WITH ¼ TURN RIGHT; EXTENDED WEAVE**

- 1 – 2 Cross – Step Right Over Left, Step Back on Left Foot
- 3 – 4 Turn ¼ Right Stepping Forward On Right, Cross Left Over Right
- 5 – 6 Step Right On Right Foot, Cross Left Foot Behind Right
- 7 – 8 Step Right On Right Foot, Cross Left Foot Over Right

## **ROCK RECOVER, CROSS SHUFFLE, ROCK RECOVER, STOMP, STOMP, STOMP**

- 1 – 2 Rock Right Foot To Right, Recover To Left
- 3 & 4 Cross Right Foot Over Left 2 X
- 5 – 6 Rock Left Foot To Left, Recover To Right
- 7 & 8 Shuffle (Stomp) In Place Left, Right, Left

**REPEAT**

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