

# Rolling Thunder

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** High Beginner / Low Improver

**Choreographer:** Karl-Harry Winson (UK) - October 2011

**Music:** Give My Heart a Rest - Rodney Crowell : (Album: Let the Picture Paint Itself / Jewel of The South)



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**Intro: 32 Counts (Start on Vocals) Track BPM: 172 (Choreographed at: 86 BPM)**

**Walk forward X2. Right Mambo Step. Back-Lock-Step. Sailor 1/4 turn Right.**

1 – 2            Walk forward on Right. Walk forward on Left.  
3&4            Rock forward on Right. Recover weight back on Left. Step back on Right.  
5&6            Step back on Left. Lock Right in front of Left. Step back on Left.  
7&8            Cross Right behind Left. Step Left beside Right making 1/4 Right. Step forward on Right 3.00

**Left Rumba Box. Left Coaster Step. Step 1/2 Step.**

1&2            Step Left to Left side. Close Right beside Left. Step forward on Left.  
3&4            Step Right to Right side. Close Left beside Right. Step back on Right.  
5&6            Step back on Left. Step Right beside Left. Step Left forward.  
7&8            Step Right forward. Pivot 1/2 turn Left. Step Right forward 9.00

**Heel-Hook. Heel-Flick. Left shuffle. Heel-Hook. Heel-Flick. Right Shuffle.**

1&2&           Dig Left heel forward. Hook Left across Right. Dig Left heel forward. Flick Left foot behind.  
3&4            Step Left forward. Close Right beside Left. Step forward on Left.  
5&6&           Dig Right heel forward. Hook Right across Left. Dig Right heel forward. Flick Right foot behind.  
7&8            Step Right forward. Close Right beside Left. Step forward on Right.

**Left Mambo Step. Coaster Step. Step Pivot 1/2 turn. Step 1/2 Step.**

1&2            Rock Left forward. Recover weight on Right. Step Left back.  
3&4            Step back on Right. Step Left beside Right. Step forward on Right.  
5 – 6           Step Left forward. Pivot 1/2 turn Right 3.00  
7&8            Step Left forward. Pivot 1/2 turn Right. Step forward on Left 9.00

**Start Again!**

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