Count: 64
Wall: 4
Level: Phrased Upper Beginner
Choreographer: Jeine Yantli Kilisan - November 2011
Music: Paralyzed - Agnes Monica

Start after 32 counts - Sequence: AAAA, tag, AAAA, B, AA
Part A-32 counts
POINT, POINT, SIDE, SLIDE
1-2 2 point diagonally $R, R$ point front
3-4 $\quad R$ step $R$, slide $L$ to $R$
5-6 $\quad L$ point diagonally $L$, $L$ point front
7-8 L step L, slide R to L
FORWARD, ½ L TURN, FWD DIAGONALLY, SLIDE, FWD, DIAGONALLY, SLIDE, SWIVEL HEELS
1-2 $\quad R$ step forward, pivot $1 / 2 L$ recovering on $L$
3-4 $\quad R$ step diagonally $R$, slide $L$ to $R$
5-6 $\quad L$ step diagonally $L$, slide $R$ to $L$
7\&8 Swivel heels L-R-C

FORWARD, $1 ⁄ 2$ L TURN, KICK-TOGETHER-POINT, KICK-TOGETHER-TOUCH, $1 ⁄ 4$ R TURN
1-2 Step $R$ forward, pivot $1 / 2 L$ recovering on $L$
$3 \& 4 \quad R$ kick forward, $R$ step together $L, L$ point $L$
5\&6 L kick forward, $L$ step together $R$, $R$ touch by $L$
7-8 Pivot $1 / 4 \mathrm{R}$, bring R together L
ROCK R, HOLD, ROCK L, HOLD, PADDLE ½ L WITH HITCHES
1-2 $\quad R$ rock $R$, hold
3-4 L rock $L$, hold
5\&6\& $\quad R$ point $R$, turn $1 / 6 L$ hitching $R$, $R$ point $R$, turn $1 / 6 L$ hitching $R$,
$7 \& 8 \quad R$ point $R$, turn $1 / 6 L$ hitching $R$, step $R$ together $L$

Part B-32 counts
SIDE, RECOVER, OVER, HOLD
1-2 $\quad R$ rock $R$, recover on $L$
3-4 Step R over $L$, hold
5-6 $\quad L$ rock $L$, recover on $R$
7-8 Step L over R, hold
FORWARD, $1 ⁄ 2$ L TURN, SHUFFLE, FORWARD, $1 ⁄ 2$ R TURN, SHUFFLE
1-2 $\quad R$ step forward, pivot $1 / 2 L$ recovering on $L$
3\&4 Shuffle forward R-L-R
5-6 $\quad L$ step forward, pivot $1 / 2 R$ recovering on $R$
7\&8 Shuffle forward L-R-L

R POINT, TOUCH, POINT, TOGETHER (REPEAT FOR L)
1-4 $\quad R$ point $R, R$ touch by $L, R$ point $R, R$ step together $L$
$5-8 \quad L$ point $L, L$ touch by $R, L$ point $L$, $L$ step together $R$
ROCK R, HOLD, ROCK L, HOLD, ROTATE HIPS
1-4 Bump hips R-R, bump hips L-L
5-8 Rotate hips anticlockwise through 4 counts

