# Rules of the Ocean

Level: Intermediate waltz

Choreographer: Stine Emilie Nøding Hansen (NOR) - October 2011 Music: Rules of the Ocean - Violet Road

Dance: 2 wall turning into 4 wall....

**Count: 54** 

#### S1: Scissor steps X2

- 1-2 Step R to right side, step L next to R
- 3 Step R in cross over L
- 4-5 Step L to right side, step R next to L
- 6 Step L in cross over R
- (Counts 1-6 traveling forward)

#### S2: Rock-recover, pivot ¼, cross, pivot ¼, rock

- 1 Rock R forward
- 2 Recover on L
- 3 Pivot ¼ right stepping R to right side
- 4 Cross L behind R
- 5 Pivot ¼ right stepping R forward (ending at 6 o'clock)
- 6 Rock L forward
- (Restart here in wall 5)

# S3: Recover, back, full turn, step, touch

- 1 Recover on R
- 2 Pivot ¼ to right stepping L back
- 3 Pivot ¼ to right stepping R forward
- 4 Step L forward and make a <sup>3</sup>/<sub>4</sub> turn to right on the L foot (ending at 9 o'clock)
- 5 Step R to right side
- 6 Touch L next to R
- (Restart here in wall 2)

# S4: Rocking chair X2

- 1 Rock L forward
- 2 Recover on R
- 3 Rock L backward
- 4 Recover on R
- 5 Rock L forward
- 6 Recover on R

# S5: Full triple turn, step, drag, touch

- 1 Pivot <sup>1</sup>/<sub>2</sub> turn left stepping forward on L
- 2 Pivot ½ turn left stepping backward on R
- 3 Pivot <sup>1</sup>/<sub>2</sub> turn left stepping forward on L (ending at 3 o'clock)
- 4 Step R diagonally forward to right
- 5 Drag L
- 6 Touch L next to R

# (Bridge in wall 7)

# S6: Rock-recover, 2X 1/8 turn, cross, pivot 1/4

- 1 Rock diagonally forward to left on L (still at 3 o'clock)
- 2 Recover on R





Wall: 4

- 3 Pivot 1/8 turn to right stepping L back
- 4 Pivot 1/8 turn to right stepping R to side (6 o'clock)
- 5 Cross L over R
- 6 Pivot ¼ turn to left stepping R back (3 o'clock)

#### S7: Pivot ¼, cross, pivot ¼, pivot ¼, cross, rock

- 1 Pivot ¼ to left stepping L to side (12 o'clock)
- 2 Cross R over L
- 3 Pivot ¼ to right stepping L back (3 o'clock)
- 4 Pivot ¼ to right stepping R forward (6 o'clock)
- 5 Cross L over R
- 6 Rock R to right side

#### S8: Recover, pivot ¼, pivot ¼, step-lock-step

- 1 Recover on L
- 2 Pivot ¼ to right stepping R back (9 o'clock)
- 3 Pivot ¼ to right crossing L over right (12 o'clock)
- 4 Step R forward
- 5 Lock L behind R
- 6 Step R forward

#### S9: Step, pivot 1/2, step, big sweep, touch

- 1 Step L forward
- 2 Pivot <sup>1</sup>/<sub>2</sub> to right stepping onto R (6 o'clock)
- 3 Step L forward
- 4-5 Sweep R behind to front
- 6 Touch R next to L

# REPEAT

# Restart 1: Wall 2, section 3 (After 18 counts)

#### S3R: Recover, back, turn, step, drag, step

- 1 Recover on R
- 2 Pivot ¼ to right stepping L back
- 3 Pivot ¼ to right stepping R forward
- 4 Step L forward and make a <sup>3</sup>⁄<sub>4</sub> turn to right on the L foot
- 5 Step R to right side
- 6 Step L next to R (Restart here)

# Restart 2: Wall 5, section 2 (after 12 counts)

# Rock-recover, pivot ¼ right, cross, pivot ¼ right, step

- 1 Rock R forward
- 2 Recover on L
- 3 Pivot ¼ right stepping R to right side
- 4 Cross L behind R
- 5 Pivot ¼ right stepping R forward
- 6 Step L forward (Restart here)

# BRIDGE : Wall 7:

# Dance the dance normally up 'til section 5:

# S5B: Full triple turn, step, sweep

- 1 Pivot ½ turn left stepping forward on L
- 2 Pivot ½ turn left stepping backward on R
- 3 Pivot ½ turn left stepping forward on L
- 4 Step R diagonally forward to right

5-6 Sweep L

Then:

#### **Basic steps**

1	Step L forward
2	Step on ball of R
3	Step down on L
4	Step R back
5	Step on ball of L
6	Step down on R

Then wait, as he just sung. He will then sing "Yet I go down with a smile on my face" On "down" continue the dance from section 6:

S6: Rock-recover	, 2X	1/8	turn,	cross,	pivot 1/4	
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- 1 Rock forward on L
- 2 Recover on R
- 3 Pivot 1/8 turn to right stepping L back
- 4 Pivot 1/8 turn to right stepping R to side
- 5 Cross L over R
- 6 Pivot ¼ turn to left stepping R back

Keep dancing as normal until the end of the song ;)

ENJOY!