

# Kara Step

**COPPER** KNOB  
STEPSHEETS

Count: 64

Wall: 2

Level: Intermediate

Choreographer: John Ng (SG) - November 2011

Music: Step (스텝) - KARA (카라)



Sequence: 16 counts, Intro, 4 counts pose (count in to main dance), 64, 48, 48, 64, 64, 64, ending, final pose

**Intro and ending (La la la la la part)**

**Funky Hip Rolls (Feet at shoulder width apart)**

1& Roll hips counter-clockwise as you bend both knees slightly

2 Straighten up

3-8 Repeat 3 more times

(Styling: leave both arms at side)

**Funky Hip Rolls (Feet at shoulder width apart)**

1& Roll hips counter-clockwise as you bend both knees slightly

2 Straighten up

3-8 Repeat 3 more times

(Styling: While doing the above 8 counts, straighten both arms forward with right palm over left hand)

**Main Dance**

**CROSS & HEEL, & CROSS, SCUFF, R HEEL BOUNCE X4**

1&2 Cross right over left, step left to left, touch right heel forward diagonally right

&3-4 Replace right beside left, cross left over right, scuff right to right

5-8 Step right to right bounce right heel 4 times (weight ends on right)

**WEAVE TO R, ¼ R, PIVOT ½ R, WALK L-R, FORWARD, DRAG**

1&2& Cross left over right, step right to right, step left behind right, ¼ turn right step forward on right

3-4 Step forward on left, pivot ½ turn right

5-6 Step forward on left, step forward on right

7-8 Step forward on left, drag right toe towards left foot

**HEEL SWITCHES, & FORWARD, TOUCH, BACK SHUFFLE, ½ R, ¼ R**

1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right

3-4 Step forward on right, touch left toe forward

5&6 Step back on left, lock right over left, step back on left

7-8 ½ turn right step forward on right, ¼ turn right step left to left

**BEHIND SIDE CROSS, L SIDE ROCK, BEHIND SIDE CROSS, ¼ L, SIDE**

1&2 Step right behind left, step left to left, cross right over left

3-4 Rock left to left, recover onto right

5&6 Step left behind right, step right to right, cross left over right

7-8 ¼ turn left step back on right, step left to left (feet are now shoulder width apart)

**BODY ROLL DOWN, BUTT ROLL UP**

1-4 Body roll from top to bottom into a dip position

5-8 Push butt back out, as upper body leans forward, then straighten up

(Easy option: Sway to right over counts 1-4, sway to left over counts 5-8)

**BODY ROLL ¼ R, BACK ROCK, WALK R-L**

1-4 Body roll ¼ turn right transfer weight to left

(Easy option: Roll hips clockwise over counts 1-4 making ¼ turn right)

5-6 Rock back on right, recover onto left

7-8 Step forward on right, step forward on left

**SIDE, DRAG, ROLLING L VINE**

1-4 Step right to right, drag left toe to right foot over 3 counts

5-8 ¼ turn left, step forward on left, ½ turn left step back on right, ¼ turn left step left to left, touch right beside left

**DIP AND POINT R, SLIDE R TOE TO L, FORWARD, TOGETHER, BACK, JUMP OPEN**

1-4 Point right toe to right and bend left knee, drag right toe towards left foot over 3 counts as you straighten left knee

**(Easy option: If unable to bend left knee, just do the point and drag only)**

5-6 Step forward on right, step left beside right

7-8 Step back on right, jump open with feet apart on the spot

**(Easy option: If unable to jump, just step left beside right)**

**REPEAT**

**RESTART:** On wall 2 and 3, dance to count 48, then restart dance.

**Note:** For the pose after the intro, it's actually the count in to main dance. For both pose, just do whatever you like. Watch my video for additional styling.

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