

# My Delilah

**Count:** 32

**Wall:** 4

**Level:** Smooth Improver

**Choreographer:** Jeannette Rosenbäck (DK) - February 2012

**Music:** Hey There Delilah - Plain White T's : (Album: Every Second Counts)



## Intro: 16 Count

### Point Back, 1/2 Right, Shuffle, Step Turn, Shuffle

- 1-2 Point right back, ½ turn right, Weight on right (6)
- 3&4 Step left fwd. Right close to left, Step left fwd.
- 5-6 Step right fwd. ½ Turn left (12)
- 7&8 Step right fwd. Left close to right, Step right fwd.

### Side Rock Behind Side Cross X 2 Left Then Right

- 1-2 Rock left to left side, Recover onto right
- 3&4 Step left behind right, Step right to right, Cross left in front of right
- 5-6 Rock right to right side, Recover onto left
- 7&8 Step right behind left, Step left to left, Cross right in front of left

### 2X Walk, Step 1/2 Turn Right, 1/4 Turn Right, Behind Side, Cross Shuffle

- 1-2 Walk forward Left, Walk forward Right.
- 3& Step fwd. left, turn ½ over right shoulder stepping fwd. on right (6)
- 4 turn ¼ over right shoulder stepping Left to side (9)

#### (On wall 10: Restart. (6))

- 5-6 Step right behind left, Step left to left side
- 7&8 Cross right in front of Left, Step Left to Left side, Cross right in front of left

#### (On wall 8: Restart. (12) After 22 counts, instead of cross shuffle.

- 7-8 Cross right in front of left, Step left to left side

### Side Rock, Cross Shuffle, Side Behind Side Cross

- 1-2 Rock left to left side, Recover onto right
- 3&4 Cross left in front of right, Step right to right side, Cross left in front of right
- 5-6 Step right to right side, Step left behind right
- 7-8 Step right to right side, Cross left in front of right

#### Tag: after wall 3 (3)

- 1-2 Rock right to right side, Recover onto left
- 3-4 Right behind left, Left to left side

#### Restarts:

##### R1: On Wall 8 after 22 counts instead of cross shuffle.

- 7-8 Cross right in front of left, Step left to left side (12) then restart

##### R2: On wall 10 after 20 counts, (6)

#### Ending: on wall 13 (12)

- 1-2 Point right back, ½ turn right, Weight on right (6)
- 3-4-5 Step left fwd. ½ turn right, Step left forward (12)

#### Dance, Smile and Have Fun!