Losing Myself



Count: 32 Wall: 4 Level: Intermediate

Choreographer: David Sinfield (UK) - March 2012

Music: Losing Myself - Will Young



SIDE ROCK, CROSS SHUFFLE, ROCK 1/4 TURN, LEFT SHUFFLE

1-2 Rock right to side, recover to left 3&4 Crossing chassé right, left, right

5-6 Rock left to side, step right into a ¼ turn right

7&8 Chassé forward left, right, left

STEP POINT, SAILOR SHUFFLE, BEHIND, POINT, CROSS SHUFFLE

1-2 Step forward right, point left to left

3&4 Step left behind right, step right to right, step left to left

5-6 Step left behind right, point left to left

7&8 Crossing chassé left, right, left

SIDE, CLOSE, SHUFFLE 1/4 TURN RIGHT, STEP PIVOT, SHUFFLE 1/2 RIGHT

1,2 Step right to right side, cross left behind right

3&4 Step right to right side, close left beside right, make a ½ turn right stepping forward on right

5,6 Step forward on left, make a ½ turn right.7&8 Shuffle ½ turn right stepping left, right, left

1/2 TURN RIGHT, POINT, SAILOR SHUFFLE, BEHIND, SIDE, PADDLE TURN 1/4 LEFT

1-2 Make a ½ turn right stepping right to right side, point left to left

3&4 Step left behind right, step right to right, step left to left

5-6 Cross right behind left, step left to left

7&8 Paddle ¼ turn left with hip rolls, touch right beside left