Count: 48
Wall: 2
Level: Intermediate
Choreographer: Alison Metelnick (UK) \& Peter Metelnick (UK) - February 2012
Music: How Am I Supposed to Live Without You - Michael Bolton
or: How Am I Supposed to Live Without You - Laura Branigan


Choreographed at 70 bpm
16 count intro.
Section 1: Step, $3 / 4$ Ball Cross, $1 / 2$ Hinge, Cross Rock, Ball Cross, $1 / 2$ Hinge
1-2 Step right forward (extended 5th). Turning 1/2 right step left back. (6:00)
\& 3 Turning $1 / 4$ right step right to right side. Cross left over right. (9:00)
Option 1-2\&3: Step forward Right, Left. Turn $1 / 4$ left stepping right to side.
4 \& $\quad$ Turning $1 / 4$ left step right back. Turning $1 / 4$ left step left to side. (3:00)
5-6 Cross rock right over left. Recover onto left.
\& 7-8 Step right to side. Cross left over right. Turning 1/4 left step right back.
\&
Turning 1/4 left step left to left side. (9:00)
Section 2: Cross Rock, Ball Cross, $1 / 4$ Coaster, Full Turn, Forward Rock, Run Back $x 2$
$1-2 \& 3 \quad$ Cross rock right over left. Recover onto left. Step right to side. Cross left over right.
4 \& $5 \quad$ Turning $1 / 4$ left step right back. Step left beside right. Step right forward. (6:00)
6 \& Turning $1 / 2$ right step left back. Turning $1 / 2$ right step right forward.
Option Counts 6\&: Run forward Left, Right.
$7 \& 8$ \& Rock forward on left. Recover onto right. Step back left. Step back right.
Section 3: Back-Drag, Coaster Step, Mambo, Sweep, Back, Sweep, Behind, Diagonal Run
$1 \quad$ Step left long step back and drag right towards left (weight on left).
$2 \& 3$ Step right back. Step left beside right. Step right forward.
$4 \& 5 \& \quad$ Rock left forward. Rock back on right. Step left back. Sweep right from front to back.
6 \& Step right back. Sweep left from front to back.
$7 \& \quad$ Cross left behind right. Step right to side turning towards right diagonal. (7:00)
8 \& (Travelling towards right diagonal) Step forward left. Step forward right.
Section 4: Rock, 3/8, Full Spiral, Triple Step, Sweep, Cross, Back, Back, Cross, Back, 1/4
1-2 Rock forward on left. Recover onto right.
\& $\quad$ Turning $3 / 8$ left (to square to wall) step left forward (extended 5th). (3:00)
3 Stepping right forward spiral turn full turn left, hooking left over right. (3:00)
Option Count 3: Step right forward.
4 \& 5 \& Step left forward. Step right beside left. Step left forward. Sweep right to front.
$6 \& 7 \& \quad$ Cross right over left. Step left back. Step right back. Cross left over right.
Note When crossing left over right, angle body to right diagonal.
8 \& Step right back. Turning $1 / 4$ left step left to left side. (12:00)
Section 5: Cross Rock, Side, Forward Rock, 1/2, Step, Pivot 1/2, 1/2, Back, Coaster Cross
$1-2 \& \quad$ Cross rock right over left. Recover onto left. Step right to right side.
3-4 \& Rock forward on left. Recover onto right. Turning 1/2 left step left forward. (6:00)
Restart 2 - Wall 4: Restart dance from the beginning, facing 12:00.
$5-6 \& 7 \quad$ Step right forward. Pivot $1 / 2$ left. Turning $1 / 2$ left step right back. Step left back.
Option 5-6\&7: Rock right forward, Recover onto left, Step right back, Step left back.
8 \& $1 \quad$ Step right back. Step left beside right. Cross right over left.
Section 6: Side Rock, Step, Full Turn, Syncopated Forward Rock x 2

Option Counts 4\&: Step forward Right, Left. (6:00)
Restart 1 - Wall 2: Restart dance from the beginning (facing 12:00).
$5-6 \& \quad$ Rock forward on right. Recover onto left. Step right beside left.
$7-8 \& \quad$ Rock forward on left. Recover onto right. Step left beside right.
Restarts: Two Restarts, one during Wall 2 and one during Wall 4.
Ending Michael Bolton version of the song only
For a big dramatic finish, dance through to last counts, then:
Cross right over left and unwind full turn left to face front, throwing arms in the air!

