

U Are

Count: 56

Wall: 4

Level: High Intermediate

Choreographer: Roz Chaplin (UK) - April 2012

Music: You Are (feat. Blake Shelton) - Lionel Richie : (CD: Tuskegee - iTunes)



16 count intro

JAZZ BOX, WALK, WALK, STEP, SCUFF

- 1-2 Cross right over left, step back on left
- 3-4 Step right to right side, step forward on left
- 5-6 Walk forward right, walk forward left
- 7-8 Step forward on right, scuff left foot beside right

REVERSE ROCKING CHAIR, TOUCH, REVERSE PIVOT ¼, CROSS POINT

- 1-2 Rock back on left, recover onto right,
- 3-4 Rock forward on left, recover onto right
- 5-6 Touch left back, reverse pivot ¼ left (9)
- 7-8 Cross right over left, point left to left side,

BACK, SWEEP, BACK, SWEEP, ROCK BACK, STEP, HOLD

- 1-2 Step back on left, sweep right from front to back
- 3-4 Step back on right, sweep left from front to back
- 5-6 Rock back on left recover onto right
- 7-8 Step forward on left, Hold

ROLLING GRAPEVINE, TOUCH & CLAP X2

- 1-2 Turn ¼ forward on right, step ½ turn back on left
- 3-4 Turn ¼ right stepping right to right side, touch left beside right & clap
- 5-6 Turn ¼ forward on left, step ½ turn back on right
- 7-8 Turn ¼ left stepping left to left side, touch right beside left & clap

Easy Option for non turners: Right grapevine, Left grapevine

Restart Here Wall 5

SIDE ROCK, BEHIND, SIDE, STEP ½ TURN X2

- 1-2 Rock right to right side, recover onto left
- 3-4 Cross right behind left, step left to left side

Restart Here Wall 7

- 5-6 Step forward right, pivot ½ turn left (3)
- 7-8 Step forward right pivot ½ turn left (taking weight) (9)

Restart Here Wall 3

STEP, SCUFF, BRUSH, KICK X2

- 1-2 Step right forward, scuff left forward
- 3-4 Brush left foot over right, kick left foot forward
- 5-6 Step left forward, scuff right forward
- 7-8 Brush right foot over left, kick right foot forward

ROCK BACK, STEP ¼ TURN, CROSS, SIDE, BEHIND, SIDE

- 1-2 Rock back on right, recover onto left
- 3-4 Step forward right, make ¼ turn left (6)
- 5-6 Cross right over left, step left to left side
- 7-8 Cross right behind left, step left to left side

In Memory of My Dearest Dads 100th Birthday today.
