Count: 56 Wall: 2

Level: Newcomer / Novice - Phrased Contra - Lilt

Choreographer: Astrid Kaeswurm (DE) - April 2012
Music: La jument de Michao - Nolwenn Leroy

Counts: A: 32 counts + B: 24 counts, A A B, A A B, A A B
Part A - 32 counts
[1-8] R side rock, behind, side cross, $L$ side rock, behind, side cross,
1-2 $\quad R$ side (weight change), weight change to $L$
3 \& $4 \quad R$ cross behind $L$, $L$ side, $R$ cross over $L$
5-6 $\quad L$ side (weight change), weight change to $R$
7 \& $8 \quad L$ cross behind $R, R$ side, $L$ cross over $R$
[9-16] Shuffle R fwd., rock Step L fwd. - L hands together Shuffle L back, rock Step R back
1 \& $2 \quad R$ forward, $L$ to $R, R$ forward
3-4 L forward (weight change), back to $R$ (weight change) - put $L$ hands together
5 \& $6 \quad L$ back, $R$ to $L, L$ back
7-8 $\quad R$ back (weight change), back to $L$ (weight change)
[17-24] Shuffle R fwd., Shuffle fwd. with $1 / 2$ Turn L - L hands together, Shuffle R back, L rock step back
1 \& $2 \quad R$ forward, $L$ to $R, R$ forward
$3 \& 4 \quad L$ forward, $R$ to $L, L$ forward - with $1 / 2$ turn $L$ together with dance partner
5 \& $6 \quad R$ back, $L$ to $R, R$ back
7-8 L back (weight change), back to $R$ (weight change)
[25 - 32] Shuffle L fwd., Shuffle fwd. with $1 / 2$ Turn R - R hands together, Shuffle L back, R rock step back
1 \& $2 \quad L$ forward, $R$ to $L, L$ forward
3 \& $4 \quad R$ forward, $L$ to $R, R$ forward - with $1 / 2$ turn $R$ together with dance partner
5 \& $6 \quad$ L back, $R$ to $L, L$ back
7-8 R back (weight change), back to $L$ (weight change)
Part B-24 counts
[1-8] Shuffle R fwd., rock Step L fwd. - L hands together, Shuffle L back, rock Step R back
1 \& $2 \quad R$ forward, $L$ to $R, R$ forward
3-4 L forward (weight change), back to $R$ (weight change) - put $L$ hands together
5 \& $6 \quad L$ back, $R$ to $L, L$ back
7-8 $\quad R$ back (weight change), back to $L$ (weight change)
[9-16] Shuffle R side, $1 / 2$ Turn L, Shuffle L side, $1 / 2$ Turn L, Shuffle R side, L rock step back
$1 \& 2 \quad R$ side, $L$ together $L, R$ side and $1 / 2$ turn $L$
3 \& $4 \quad L$ side, $R$ together $L, L$ side and $1 / 2$ turn $L$
5 \& $6 \quad R$ side, $L$ together $R, R$ side
7-8 L back (weight change), back to $R$ (weight change)
[17-24] Shuffle L side, $1 / 2$ Turn R, Shuffle R side, $1 / 2$ Turn R, Shuffle L side, R rock step back
1 \& $2 \quad L$ side, $R$ together $L, L$ side and $1 / 2$ turn $R$
3 \& $4 \quad R$ side, $L$ together $R, R$ side and $1 / 2$ turn $R$
5 \& $6 \quad L$ side, $R$ together $L, L$ side
7-8 $\quad R$ back (weight change), back to $L$ (weight change)
$\qquad$

