One Day

Count: 48 **Wall:** 2 **Level:** Intermediate
Choreographer: Julia Wetzel (USA) - April 2012
Music: One Day - Charice : (Single)

Intro: 16 counts (approx. 10 seconds into track) V1.3

[1 – 8] Out, Out, Hold, Ball, Cross ¼, ¼, Hold, Ball, Step

1-2	Step R to R side (1), Step L to L side (2) 12:00
3&4	Hold (3), Step ball of R slightly behind L (&), Cross L over R (4) 12:00
5-7	¼ turn L step back on R (5), ¼ turn L step fw on L (6), Hold (7) 6:00
&8	Step ball of R slightly behind L (&), Step L fw (8) 6:00

[9 – 16] Step, ¼ Paddle (2x), Side, Side, Hold, Side Body Rolls (R & L)

1-3	Step fw on R (1), ¼ Paddle turn R step ball of L to L side, (2) ¼ Paddle turn R step ball of L to L side (3) 12:00
4-6	Step L to L side (4), Step R to R side (5), Hold (6) 12:00
7-8	Side body roll to R (7), Side body roll to L weight ending on L (8)

Easy Option: Shift weight to R and raise R shoulder up while dropping L Shoulder (7), Shift weight to L and raise L shoulder up while dropping R Shoulder (8) 12:00

[17 – 24] Step, Step, Mash Potato, Behind, Unwind, Ball, Step, Step

1-2	Step fw on R (1), Step fw on L (2) 12:00
3&4	Touch R toe fw turning both heels in (3), Swiveling both heels out and swing R to R side (&), Swivel both heels in and step R slightly behind L (4) 12:00
5, 6	Touch ball of L behind R (5), Unwind ¾ L ending with weight on L (6)

Styling Option (6): Delay ¾ unwind until almost at the end of count and then unwind quickly 3:00

&7-8	Step ball of R in place (&), Step L fw (7), Step R fw (8) 3:00

[25 – 32] Step, Scuff-Hitch, Back, Heels Up & Down, ¼, Hold, ½, ½

1, 2&3&4	Step L fw (1), Scuff R fw (2), Hitch R (&), Step R back (3), Lift both heels (&), Step both heels down with weight ending on R (4) 3:00
5-6	¼ turn L step L fw (5), Hold (6) 12:00
7-8	½ turn L stepping back on R (7), ½ turn L step fw on L (8)

***Restart on Wall 3 after here 12:00**

[33 – 40] Slow Walk (2x), Step, Forward Mambo, Back, Together

1-4	Step fw on R cross L (1), Drag L to R (2), Step fw on L cross R (3), Drag R to L (4) 12:00
5, 6&7,8	Step fw on R (5), Rock fw on L (6), Recover on R (&), Large step back on L (7), Step R next to L (8) 12:00

[41 – 48] ¼ Scissor Cross, Side, Behind, ¼, Full Turn Pirouette, Step

1-4	¼ turn R step L to L side (1), Step R next to L (2), Cross L over R (3), Step R to R side (4) 3:00
5-6	Step L behind R (5), ¼ turn R stepping fw on ball of R (6) (prep for turn) 6:00
7-8	Full turn R on ball of R tucking L foot behind R calf/ankle (7), Step down on L (8) (shoulder width apart from R)
	2¼ Turn Option for Wall5 (6-8): Double pirouette (6-7), Step down on L continue ¼ turn R (8) 6:00

Restart : On Wall 3, dance up to count 32 (facing 12:00) then start Wall 4 facing 12:00

Ending : After count 32 of Wall 7, continue turning another ½ turn L on L and then step R together with L to face 12:00