# Pumped Up Kicks

Level: Intermediate - Hustle Rhythm

Choreographer: Dave Morgan (UK) - April 2012

Music: Pumped Up Kicks (All The Other Kids Mix) - DJ Hipst3r : (iTunes)

#### Intro: 32 Counts. No Tags or Restarts.

**Count:** 64

#### CROSS, SIDE, BALL STEP, STEP, SIDE ROCK, BALL SIDE, BALL SIDE.

- 1-2 Cross left over right. Step right to right side.
- &3.4 Step ball of left slightly back. Step right forward. Step left forward.
- 5-6 Rock right out to right side. Recover on left.
- &7 Step ball of right beside left. Step left to left side.
- &8 Step ball of right beside left. Step left to left side.

### CROSS, ¼ TURN, RUN X3, ROCK RECOVER, FULL TURN.

- 9-10 Cross right over left. Make 1/4 turn right stepping back on left.
- 11&12 Run back Right, Left, Right.
- 13-14 Rock back on left. Recover on right.
- 15-16 Make 1/2 turn right stepping back on left. Make 1/2 turn right stepping forward on right. (OR WALK L,R)

### STEP, SAILOR STEP, SAILOR STEP, CROSS ROCK. ¼ TURN

- Step left to left side. 17
- 18&19 Step right slightly behind left. Step left to left side, Step right in place.
- 20&21 Step left slightly behind right. Step right to right side. Step left in place.
- 22,23,24 Cross rock right over left. Recover on left. Make 1/4 turn right.

# WALK L,R ENGLISH CROSS, WALK L,R,L ENGLISH CROSS, UNWIND.

- 25-26 Walk forward left. Walk forward right.
- &27 Make 1/4 turn to right, step left to left side. Cross right over left.
- 28,29,30 Make <sup>1</sup>/<sub>4</sub> turn left stepping forward on left. Walk forward right, left.
- &31 Make <sup>1</sup>/<sub>4</sub> turn to left, step right to right side. Cross left over right.
- 32 Unwind 3/4 turn right. (Weight on left)

## & CROSS SIDE, & CROSS SIDE, SAILOR STEP, BEHIND SIDE CROSS.

- &33,34 Step right slightly back. Cross left over right. Step right to right side.
- &35.36 Step left slightly back. Cross right over left. Step left to left side.
- 37&38 Step right slightly behind left. Step left to left side. Step right in place.
- 39&40 Step left behind right. Step right to right side. Cross left over right.

# 3/4 MONTEREY TURN, KICK & CROSS, BACK, SIDE, SHUFFLE,

- 41-42 Point right to right side. Pivot on ball of left <sup>3</sup>/<sub>4</sub> turn right. (Weight on right)
- 43&44 Kick left diagonally across right. Step left in place. Cross right over left,
- 45-46 Step back on left. Step right to right side.
- Step forward on left. Step right beside left. Step left forward. 47&48

# ROCK RECOVER, 1/2, 1/4, BACK & SIDE, BACK & SIDE.

- 49-50 Rock forward on right. Recover on left.
- 51-52 Make <sup>1</sup>/<sub>2</sub> turn right stepping forward on right. Make <sup>1</sup>/<sub>4</sub> turn right stepping left to left side.
- Rock right behind left. Recover on left. Step right to right side. 53&54
- 55&56 Rock left behind right . Recover on right. Step left to left side.

COASTER STEP, WALK L,R, STEP ½ PIVOT, ½, ¼.





Wall: 4

## 57&58 Step right back. Step left beside right. Step right forward.

- 59-60 Walk forward left. Walk forward right.
- 61-62 Step forward on left. Pivot ½ turn right.
- 63-64 Make <sup>1</sup>/<sub>2</sub> turn right stepping back on left. Make <sup>1</sup>/<sub>4</sub> turn right stepping right to right side.