Count: 64
Wall: 4
Level: Intermediate
Choreographer: Judith Kennedy (UK) - April 2012
Music: Super Trouper - ABBA : (Album: ABBA Gold / SOS The Best of ABBA / Super Trouper)

Alt. Tracks:-<br>Super Trouper by Meryl Streep, Julie Walters \& Christine Baranski [CD: Mamma Mia Soundtrack] Waterloo by ABBA [ABBA Gold ] 147 bpm<br>\section*{Start dancing on lyrics (I was sick and tired .....)}<br>SIDE, BEHIND, SIDE, IN FRONT, CHASSE, ROCK BACK, RECOVER<br>1-2 Step right to side, cross-cross left behind right<br>3-4 Step right to side, cross-step left in front of right<br>5\&6 Chassé side right, left, right<br>7-8 Rock to left foot behind right, recover to right<br>SIDE, BEHIND, SHUFFLE WITH TURN ¼ LEFT, ROCKING CHAIR<br>9-10 Step left to side, cross-cross right behind left<br>11\&12 Turn $1 / 4$ left and left forward shuffle left, right, left (9:00)<br>13-14 Rock right forward, recover to left<br>15-16 Rock right back, recover to left<br>SISE ROCK, RECOVER, CROSS SHUFFLE, WEAVE<br>17-18 Rock right to side, recover to left<br>19\&20 Crossing shuffle right, left, right<br>21-22 Step left to side, cross-cross right behind left<br>23-24 Step left to side, cross-step right in front of left<br>SIDE ROCK, RECOVER, CROSS SHUFFLE, STEP RIGHT, HOLD, ROCK, RECOVER<br>25-26 Rock left to side, recover to right<br>27\&28 Crossing shuffle left, right, left<br>Restart from beginning at this point on 3rd wall<br>29-30 Step right to side, hold<br>\&31-32 Step left together, rock right to side, recover to left

ROCK BACK, RECOVER, STEP, TURN, WALK, WALK, SHUFFLE
33-34 Rock back to right foot, recover to left
35-36 Step right forward, pivot half a turn left (3:00)
At this point on 6th wall, jazz box i.e. Cross right over left, step back to left, step right to side, cross left over right then restart dance from beginning
37-38 Step right forward then left
39\&40 Chassé forward right, left, right
CROSS, SIDE, BEHIND, POINT TWICE
41-42 Cross left over right, step right to side
43-44 Cross left behind right, touch right to side
45-46 Cross right over left, step left to side
47-48 Cross right behind left, touch left to side
ROCK BACK, RECOVER, STEP, TURN, WALK, WALK, SHUFFLE
49-50 Rock back to left foot, recover to right

51-52 Step left forward, pivot half a turn right (9:00)
53-54 Step left forward then right
55\&56 Chassé forward left, right, left
STEP, HITCH, STEP BACK, POINT, JAZZ BOX WITH CROSS
57-58 Step right forward, hitch left (angled slightly to right diagonal)
59-60 Step back to left, touch right to side
61-62 Cross right over left, step back to left (square to front)
63-64 Step right to side, cross left over right
REPEAT
RESTART: During 3rd wall (4th section after step 28 ie rock left, recover, left cross shuffle) begin again
TAG \& RESTART: During 6th wall in 5th section after step 36:-
Right Jazz Box
1-2 Cross right over left, step back to left
3-4 Step right to side, cross left over right
Then begin dance again from beginning
ENJOY!

