

# Catch You While I Can

Count: 32

Wall: 4

Level: Improver

Choreographer: Madeleine Jones (UK) - May 2012

Music: Catch You While I Can - David Nail : (CD: The Sound of A Million Dreams)



40 count introduction.

**Skate Right, Left, Right Shuffle, Cross, Back ,& cross, Side.**

- 1-2 Skate forward on right foot, Skate forward on left foot.
- 3&4 Step forward right, step left beside right, Step forward right.
- 5-6-& Step left over right, Step right in place, Step left in place.
- 7-8 Step right over left, Step left to left side.

**Behind, Side, Cross, Point, Slow sailor 1/4 turn left, Brush**

- 1-4 Step right behind left, Step left to left side, Step right across left, Point left to left side.
- 5-8 Step left behind right, Step right turning 1/4 left, Step forward left, Brush right forward.

**Turn 1/4 right x2, Turn 1/2 shuffle right. Turn 1/4 left x2, Turn 1/2 shuffle left.**

**Easy option:- Walk, Walk, Shuffle x 2**

- 1-2 Step right turning 1/4 right, Step back on left turning 1/4 right.
- 3&4 Turn 1/2 right stepping forward right, Step left beside right, Step forward right.
- 5-6 Step left turning 1/4 left, Step back on right turning 1/4 left.
- 7&8 Turn 1/2 left stepping forward left, Step right beside left, Step forward left.

**Jazz box 1/2 turn right, Rocking Chair.**

- 1-4 Cross right over left, Step back on left, Turn 1/2 right on right, Step left forward.

**Restart here on wall 4 (12 O'clock)**

**Restart here on wall 7 (9 O'clock)**

- 5-8 Rock forward right, Recover on left, Rock back right , Recover on left,

**Start again & enjoy.**

**Tag wall 1 (3 O'clock)**

**Tag - Repeat last 4 counts. (Rocking chair)**

**Ending:** As you hear the music slowing down on 3 O'clock wall do jazz box 3/4 turn, Rock forward on right & pose.

**Contact - Email:- [madeleine-jones@blueyonder.co.uk](mailto:madeleine-jones@blueyonder.co.uk)**