

You and I Forever

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Low Intermediate

Choreographer: David Sinfield (UK) - May 2012

Music: Lifted - Lighthouse Family : (iTunes)



SIDE, BACK ROCK, STEP, SAILOR ½ TURN RIGHT, STEP, ROCKING CHAIR

- 1-2& Step right to right, rock back on left, replace weight on to right
- 3 Step left beside right
- 4&5 Cross right behind left, step left into ½ turn right, step right to right
- 6 Step left beside right
- 7&8& Rock forward right replace weight onto left, rock back right, replace weight onto left

SIDE ROCK, CROSS SHUFFLE, ROCK ¼ TURN RIGHT, LEFT SHUFFLE

- 1-2 Rock right to right, replace weight onto left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Rock left to left, on the ball of right turn ¼ right
- 7&8 Step left forward, step right beside left, step left forward

ROCK FORWARD, SHUFFLE ½ TURN RIGHT, STEP PIVOT, SHUFFLE FORWARD

- 1-2 Rock right forward, replace weight onto left
- 3&4 Shuffle ½ right stepping right-left-right
- 5-6 Step left forward, pivot ½ turn right
- 7&8 Step left forward, step right beside left, step left forward

Restart dance here during 2nd and 6th wall

SIDE ROCK, BEHIND SIDE ¼ TURN LEFT, STEP TURN, CROSS SHUFFLE

- 1-2 Rock right to right, replace weight onto left
- 3&4 Cross right behind left, step left to left, step right into a ¼ turn left
- 5-6 Step left forward, pivot ¼ turn right,
- 7&8 Cross left over right, step right to right, cross left over right

Tag at end of 4th and 8th walls

SIDE, TOUCH, SIDE, TOUCH

- 1-2 Step right to right, touch left beside right(with finger clicks)
 - 3-4 Step left to left, touch right beside left(with finger clicks)
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