Count: 32 Wall: 2 Level: Easy Intermediate
Choreographer: Hazel Pace (UK) - May 2012
Music: Emmylou - First Aid Kit : (Album: The Lion Roars - iTunes)

Intro: 32 Counts.
[1-8] Side, Rock Recover Side, Behind Side Cross, Rock Recover, Crossing Shuffle.
1 Step right to right side.
2 \& 3 Rock left behind right, recover on right, left to left side.
4 \& $5 \quad$ Step right behind left, left to left side, cross right over left.
6\& Rock left to left side, recover on right.
7 \& $8 \quad$ Cross left over right, right to right side, cross left over right.
[9-16] Side Together Back, Side Together Forward, Mambo Forward, Left Back Lock Back.
$1 \& 2 \quad$ Right to right side, left beside right, back on right.
$3 \& 4 \quad$ Left to left side, right beside left, forward on left.
$5 \& 6 \quad$ Rock forward on right, recover on left, back on right.
7 \& $8 \quad$ Step back on left, lock right over left, back on left.
[17-24] Step $1 / 4$ Right, Touch, $1 / 4$ Left Forward, $3 / 4$ Left Turn Forward, Crossing Shuffle, Side Rock Recover Making 1/4 Turn Right, Step.
$1 \& 2$ Make $1 / 4$ turn right stepping right to right side, touch left beside right, (3.00) make $1 / 4$ turn left stepping forward on left (12.00).
3-4 Make 1/2 turn left stepping back on right, $1 / 4$ turn left stepping left to left side. (3.00).
$5 \& 6 \quad$ Cross right over left, left to left side, cross right over left.
7 \& $8 \quad$ Rock left to left side, recover on right making 1/4 turn right, step forward on right.
[25-32] Rock Forward, 1/2 Turn Left Recover, Step 1/4 Left, Cross, $3 / 4$ Turn Right, Side Together Cross.
1-2 Rock forward onto right, make 1/2 turn left rocking weight onto left.
3 \& $4 \quad$ Step forward right, make $1 / 4$ turn left, cross right over left.
5-6 Make 1/4 turn right stepping back on left, 1/2 turn right stepping forward on right.
7 \& 8 Step left to left side, right beside left, cross left over right.

Restart - 2nd sequence.
Dance up to count 20, making a full turn right to face back, instead of 3/4 turn right.
TAG: 4 Count Tag at the end of walls 3 \& 5 at the Front. And 6 \& 8 at the Back.
$1-2 \& \quad$ Right to right side, rock left behind right \& recover on right.
$3-4 \& \quad$ Left to left side, rock right behind left \& recover on left
Ending. Dance steps 1 - 5 Sect. 1; then step forward on left, $1 / 2$ pivot right, step forward on left.
It really is easier than it seems.
Thanks to Alan for the music suggestion,
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