Count: 32
Wall: 4
Level: Improver
Choreographer: Francien Sittrop (NL) - May 2012
Music: Hula Hoop (Radio Edit Us) - Willy William \& Lylloo

Intro: Start after 32 counts
[1-8] Rock Recover, Coaster Step , Step fwd, 1 ¼ Turn R
1-2 Rock R fwd, Recover on L
3 \& 4 Step R back, Step $L$ next to R, Step R fwd
5-6 Step L fwd , Pivot $1 / 2$ Turn R
7-8 $1 / 2$ Turn R step L back, $1 / 4$ Turn $R$ step $R$ to $R$ side (03.00)
[9-16] Knee Pops x2, Rock Recover , Coaster Step
1 \& 2 Step L fwd, Both Heels Up, Both Heels Down
3 \& 4 Step R fwd, Both Heels Up, Both Heels Down
5-6 Rock Lfwd, Recover on R
7 \& $8 \quad$ Step L back, Step R next to L , Step L fwd
[17-24] $2 \times 1 / 4 L$ with Hip Bumps. Rock Recover , Triple Full turn R
1-2 Step $R$ fwd , $1 / 4$ Turn $L$ recover on $L$
3-4 Step $R$ fwd, $1 / 4$ Turn $L$ recover on $L$ (09.00)
5-6 Rock R fwd, Recover on L
7 \& $8 \quad$ Triple Full Turn $R$ with $R, L, R$
[25-32] Side Rock Recover, Behind Side Fwd, $2 x 1 / 2$ Turn L with Toe Struts with Hip Bumps
1-2 Rock $L$ to $L$ side, Recover on $R$
3 \& $4 \quad$ Step $L$ behind R, Step $R$ to $R$ side, Step $L$ fwd
5-6 $\quad 1 / 2$ Turn $L$ with $R$ Toe strut and Hip bumps
$7-8 \quad 1 / 2$ Turn $L$ with $L$ Toe strut and Hip bumps (09.00)

## Start Again

Ending: Dance end at the 3,00 wall with the last toestrut. Make a $1 / 4$ Turn $L$ and step with $R$ to $R$ side to face the front wall

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