

Thankful

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Chris Jackson (UK) - November 2012

Music: Thankful - Lizzie Deane : (Album: 'Set Me Free')



16 count intro – dance starts on vocals. One restart (see below).

LONG STEP, BACK ROCK, SIDE TOUCH, SIDE TOUCH, LONG STEP, BACK ROCK, SIDE TOUCH, SIDE TOUCH

- 1,2& Step long step left, rock back on Right, recover on Left
- 3&4& Right to right side, touch Left next to Right, Left to left side, touch Right next to Left
- 5,6& Step long step right, rock back on Left, recover on Right
- 7&8& Left to left side, touch Right next to Left, Right to right side, touch Left next to Right

PIVOT QUARTER TURN, CROSS-QUARTER-HALF-STEP, ROCK, RECOVER (RONDE), BACK (RONDE), BACK (RONDE)

- 9,10 Step forward on Left, pivot a quarter turn right
- 11& Cross Left over Right, make a quarter turn left stepping back on Right
- 12& Make a half turn left stepping forward on Left, step forward on Right
- 13,14 Rock forward on Left, recover on to Right (ronde Left from front to back)
- 15 Step back on Left (ronde Right from front to back)
- 16 Step back on Right (ronde Left from front to back)

BACK ROCK, STEP-LOCK, STEP-LOCK, STEP-LOCK, STEP

- 17 Rock back on Left on right diagonal
- 18& Step forward Right on right diagonal, lock Left behind Right
- 19& Step forward Right on right diagonal, lock Left behind Right
- 20& Step forward Right on right diagonal, lock Left behind Right
- 21 Step forward Right on right diagonal

CROSS ROCK, QUARTER-HALF-QUARTER (full rolling vine left)

- 22& Cross Left over Right, recover on Right
- 23&24 Make a quarter turn left stepping forward on Left, make a half turn left stepping back on Right, make a quarter turn left stepping Left to left side

CROSS ROCK-SIDE, CROSS ROCK-TURN, PIVOT HALF TURN, STEP, TURN, TURN

- 25&26 Cross Right over Left, recover on Left, step Right to Right side
- 27&28 Cross Left over Right, recover on Right, make a quarter turn left stepping forward on Left
- 29,30 Step forward on Right, pivot a half turn left
- 31&32 Step forward Right, make a half turn right stepping back on Left, make a half turn right stepping forward on Right

RESTART: Wall 7 – Dance up to step 20 and start the dance again (facing front).