

# The Strip Polka

**COPPER KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 1

**Level:** Beginner

**Choreographer:** Marilene Sisco (USA) & Mary McConnell - October 2012

**Music:** Strip Polka - The Andrews Sisters



**Walls: 1 (can be easily made into more by changing jazz box into turning jazz box)**

## **SIDE ROCK, RECOVER, CROSS TRIPPLE, SIDE ROCK, RECOVER, CROSS TRIPLE**

- 1-2 Rock Right to Right side, Recover Left
- 3&4 Cross Right in front of Left, step Left to Left side, cross Right in front of Left
- 5-6 Rock Left to Left side, Recover Right
- 7&8 Cross Left in front of Right, step right to Right side, cross Left in front of Right

## **WALK FORWARD (RIGHT-LEFT-RIGHT), KICK LEFT; WALK BACK (LEFT RIGHT), LEFT COASTER STEP**

- 1-4 Step right forward, Step left forward, Step right forward, Left kick forward
- 5-6 Step left back, Step right back
- 7&8 Step back on left foot, bring right foot together with left, step forward on left foot

## **RIGHT HIP BUMPS, POLKA BACK, COASTER STEP**

- 1-4 push hip right bring back, repeat.
- 5&6 Triple backward right-left-right
- 7&8 Step back on left foot, bring right foot together with left, step forward on left foot

## **JAZZ BOX, STEP SLIDE, HIP CIRCLE**

- 1-4 Cross right foot over left, while stepping back on left foot, Step slightly to the right on right foot, bring left foot together with the right (putting weight on it)
- 5-6 Step out far on the right, Drag/slide left to the right
- 7&8 Circle hips around.(while tossing gloves, hats, etc.)

**Have fun with this, and remember:-**

**"But she's always a lady even in pantomime So she stops! And always just in time" from the lyrics.**

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