Shake Your Groove Thing



Count: 32 Wall: 2 Level: Improver

Choreographer: Gilbert Vianzon (USA) - November 2012

Music: Shake Your Groove Thing - Peaches & Herb

Introduction: 32 counts intro

(Section 1) ☐ Cross Rock, Chasse, Vine to Right, ¼ Turn Right

1-2 Cross rock RF diagonally towards left, replace with LF

3&4 Chasse to the right: step right to side, left next to right, step right to side

5-8 Cross LF over RF, step RF to right, step LF behind RF, step RF forward making ¼ turn right

(Section 2) □½ Turn Right, Forward Shuffle Left, Kick Ball Change 2X

1-2 Step forward LF, ½ pivot turn right, step forward RF

3&4 Forward shuffle left: step forward left, right foot next to left, step forward left

Kick forward RF, step on ball of feet RF, step down on left foot Kick forward RF, step on ball of feet RF, step down on left foot

(Section 3) ☐ Forward Shuffle, 1/4 Turn Left Shuffle 3X

1&2 Forward shuffle R L R

3&4
1/4 turn left and shuffle L R L
5&6
½ turn left and shuffle, R L R
7&8
½ turn left and shuffle L R L

(Section 4) ☐ Sway Right, Left, Right, Left, Paddle Turn Left

1-4 Slightly bend knees and sway to Right, Left, Right, Left

5-8 Step forward RF, ¼ turn left putting weight on the ball of RF, step LF in place 2X

START AGAIN.

Bridge: On Wall 1, dance to count 24. Add

1-4 Sway to Right, Left, Right, Left

Proceed with counts 25-32

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