

My Foolish Heart

COPPER **KNOB**
BY STEPHEN T. C.

Count: 24

Wall: 4

Level: Beginner

Choreographer: Ira Weisburd (USA) - June 2007

Music: My Foolish Heart - Ross Mitchell, His Band and Singers



Level of Difficulty: Beginners (though suitable for ALL LEVELS)

TWO FORWARD WALTZ TWINKLES. ¼ L WALTZ TURN. CROSS-ROCK, STEP.

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|-------|---|
| 1-3 | Step with L over R (towards R Corner), Sway R to R, Sway L to L |
| 4-6 | Step with R over L (towards L Corner), Sway L to L, Sway R to R |
| 7-9 | Step L to L (making ¼ turn L), Sway R to R, Sway L to L |
| 10-12 | Step with R across L, Step back onto L, Step with R to R |

WEAVE 3 STEPS. MAKE ½ TURN TO R IN 3 STEPS. CROSS-ROCK STEP WITH L, CROSS ROCK STEP WITH R.

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|-------|---|
| 13-15 | Step L across R, Step R to R, Step L behind R |
| 16-18 | Make ½ turn to R in 3 steps: R,L,R etc. |
| 19-21 | Step with L across R, Rock back onto R, Step L to L |
| 22-24 | Step with R across L, Rock back onto L. Step R to R |

BEGIN DANCE.

Choreographer Contact Information:

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