Just A Man

Count: 32

Level: Improver

Choreographer: Don Pascual (FR) - December 2012

Music: I'm Just a Man - The Lennerockers

Start on vocals (after the intro, 3 counts from the first drum-beat)	
Section 1: Step R fwd, touch+clap, step L backward, touch+clap, (flick R+slap, touch) x2	
1-4	Step R forward (R diagonal), touch L beside R + clap, L step backward (L diagonal), touch R beside L + clap
5-6	Flick R to the R + slap R foot with R hand, touch R beside L
7-8	Flick R to the R + slap R foot with R hand, touch R beside L
Section 2: Run R, run L, stomp R, stomp L, double knee-pop, double knee-pop	
1-4	Runs forward R & L, stomp R beside L, stomp L beside R
5-8	Double knee pop (push knees forward lifting heels, drop heels) x2
Style: On counts 5 and 7, turn your knees outward while pushing them	
Section 3: (Step R fwd, hook L + slap behind R, step L backward, hook R + slap) x 2	
1-4	Step R forward, hook L + slap behind R, step L backward, hook R across L + slap
5-8	Step R forward, hook L + slap behind R, step L backward, hook R across L + slap
Section 4: Step R fwd, flick L with ¼ T to the R, touch L beside R, flick L with ¼ T to the R, stomp L fwd, stomp R beside L, swivel	
1-2	Step R forward (R diagonal), flick L behind (L diagonal) making a $\frac{1}{4}$ T to the R
3-4	Touch L beside R, flick L behind making a ¼ T to the R
5-6	Stomp L forward, stomp R beside L
7-8	Swivel both heels to the R, recover
Have fun with this dance	

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Wall: 2