Old Friend

GUNNE

Count: 48

Wall: 4

Level: Easy Intermediate

Choreographer: W.D. Chapman - August 2010

Music: Old Friend (Competition Mix) - Scooter Lee : (Album: The Honky Tonk Twist...and then some)



- Dedicated to my Wife, Rosaline - my Best Friend - with love

[1–12] FORWARD, SIDE, ROCK, WEAVE LEFT, SIDE, DRAG, BACK, ROCK, TOUCH, HOLD

- 1-2-3 L Step forward to Right diagonal, R Rock-step to side Right, Recover onto L,
- 4-5-6 R Cross-step over L, L Step to side Left, R Cross-step behind L,
- 1-2-3 L large Step to side Left, R Drag toward L, R Rock-step back behind L,
- 4-5-6 Recover onto L, R Toe Touch to side Right (slightly raising L Heel), HOLD (lowering L Heel),

[13-24] CROSS, SIDE, ROCK, WEAVE RIGHT, SIDE, DRAG, BACK, ROCK, TOUCH, HOLD

- 1-2-3 R Cross-step over L, L Rock-step to side Left, Recover onto R,
- 4-5-6 L Cross-step over R, R Step to side Right, L Cross-step behind R,
- 1-2-3 R Large step to side Right, L Drag toward R, L Rock-step back behind R,
- 4-5-6 Recover onto R, L Toe Touch to side Left (slightly raising R Heel), HOLD (lowering R Heel),

[25-36] BACK, SIDE, ROCK, BACK, SIDE, ROCK, BACK, ROCK, FORWARD, STEP, 1/4 PIVOT, CROSS

- 1-2-3 L Step back, R Rock-step to side Right, Recover onto L,
- 4-5-6 R Step back, L Rock-step to side Left, Recover onto R,
- 1-2-3 L Rock-step back, Recover onto R, L Step forward,
- 4-5-6 *R Step forward, Pivot 1/4 Turn Left, R Cross-step over L,

(* note WALL 2 - modification with Restart)

4-5-6 R Step forward Turning 1/4 Turn Left, Rock weight onto L, Recover onto R - RESTART

[37-48] SCISSOR STEP, SIDE, SWAY, SWAY, STEP, STEP 1/2 PIVOT, STEP, FULL TURN

- 1-2-3 L Step to side Left, R Step next to L, L Cross-step over R (scissor step),
- 4-5-6 R Step/sway to side Right, Sway hips to Left, Sway hips to Right,
- 1-2-3 L Step forward, R Step forward, Pivot 1/2 Turn Left,
- 4-5-6 R Step forward, (moving forward) Make a full 360 degree clockwise Turn stepping L-R;

(alternative to steps 4-5-6 - Basic waltz forward R-L-R)

Begin again

TAG: At the end of wall 3, dance the following 6 counts:

- 1-2-3 Waltz forward L-R-L,
- 4-5-6 Waltz back R-L-R,

NOTE: At the end of Wall 6 – there is a long pause in the song lasting for 15 counts at tempo. Do the following:

- 1-2-3 L Step forward, R Rock-step to side Right, Recover onto L,
- 4-5-6 Sway Right, HOLD on 5-6
- 1-2-3 Sway Left, HOLD on 2-3
- 4-5-6 Sway Right, HOLD on 5-6
- 1-2-3 Sway Left, HOLD, Sway Right Start again from beginning

FINISH: (wall 7) - Dance to Count 48, THEN ADD the following -

- 1-2-3 L Step forward, Pivot 1/2 Turn Right, Turn 1/4 turn Right stepping L to side Left,
- 4-5-6 R Cross-step over front of L, HOLD on counts 5-6. I hope you enjoy the Dance!

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