

# Life Keeps Bringing Me down

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Easy Improver

**Choreographer:** Marie Sørensen (TUR) - March 2013

**Music:** Life Keeps Bringin' Me Down - Alan Jackson : (Album: Thirty Miles West)



**Intro: 36 Counts**

## **VINE, SCUFF, ROCKIN' CHAIR**

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, scuff left diagonal fwd. right (01:30)
- 5-6 Cross rock left over right, recover
- 7-8 Diagonal back rock left, recover (01:30)

## **STEP ½ TURN STEP, JAXX BOX, CROSS**

- 1-2 Step fwd. left, ½ turn right (07:30)
- 3-4 Step fwd, left, scuff right fwd.
- 5-6 Cross right over left, step back on left
- 7-8 Step right beside left, cross left over right (06:00)

## **HIP BUMPS 4 TIMES, CROSS, POINT, TOUCH, POINT**

- 1-2 Step right to right side, sway right, left
- 3-4 Sway right, left
- 5-6 Cross right over left, point left to left side
- 7-8 Touch Left beside right, point left to left side (06:00)

## **CROSS BEHIND, HOLD, CROSS BEHIND, HOLD, COASTER STEP, CROSS, HOLD**

- 1-2 Step left behind right, hold
- 3-4 Step right behind left, hold
- 5-6 Step back on left, step right beside left
- 7-8 Cross left over right, hold (06:00)

**RESTART: During wall 3 – After 20 counts – Facing 06:00**

**TAGS:-**

**After wall 6 – 4 Counts tag – Facing 12:00 – Sway right, left, right, left**

**After wall 9 – 4 Counts tag – Facing 06:00 - Sway right, left, right, left**

**Have Fun!**

**Contact:** [sunshinecowgirl1960@gmail.com](mailto:sunshinecowgirl1960@gmail.com)