Life Keeps Bringing Me down



Count: 32 Wall: 2 Level: Easy Improver

Choreographer: Marie Sørensen (TUR) - March 2013

Music: Life Keeps Bringin' Me Down - Alan Jackson : (Album: Thirty Miles West)



Intro: 36 Counts

VINE, SCUFF, ROCKIN' CHAIR

1-2 Step right to right side, cross left behind right

3-4 Step right to right side, scuff left diagonal fwd. right (01.30)

5-6 Cross rock left over right, recover

7-8 Diagonal back rock left, recover (01:30)

STEP ½ TURN STEP, JAXX BOX, CROSS

1-2 Step fwd. left, ½ turn right (07.30) 3-4 Step fwd, left, scuff right fwd.

5-6 Cross right over left, step back on left

7-8 Step right beside left, cross left over right (06:00)

HIP BUMPS 4 TIMES, CROSS, POINT, TOUCH, POINT

1-2 Step right to right side, sway right, left

3-4 Sway right, left

5-6 Cross right over left, point left to left side

7-8 Touch Left beside right, point left to left side (06:00)

CROSS BEHIND, HOLD, CROSS BEHIND, HOLD, COASTER STEP, CROSS, HOLD

1-2 Step left behind right, hold3-4 Step right behind left, hold

5-6 Step back on left, step right beside left 7-8 Cross left over right, hold (06:00)

RESTART: During wall 3 – After 20 counts – Facing 06:00

TAGS:-

After wall 6 – 4 Counts tag – Facing 12:00 – Sway right, left, right, left After wall 9 – 4 Counts tag – Facing 06:00 - Sway right, left, right, left

Have Fun!

Contact: sunshinecowgirl1960@gmail.com