### **Heart of Courage**



Count: 32 Wall: 2 Level: Intermediate

Choreographer: Gordon Elliott (AUS) - March 2013

Music: Heart of Courage - Amy Douglas: (Album: Heart Of Courage)



Choreographed for the Sydney Line Dance Ball in aid of Ronald McDonald House.

Original Position: Feet Together Weight On The Left Foot.

This dance is done in TWO directions. Introduction: On word "Moments"

# ACROSS, ROCK-1/4 FORWARD-QUICK PIVOT-1/4 SIDE BEHIND-SIDE-ACROSS, SIDE-1/4 TURN-FORWARD

1, 2 Step R Across In Front Of Left, Rock Onto L,
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& Turn 90deg Right Step R Forward,

3 & Pivot: Step L Forward, Turn 180deg Right Take Weight Onto R,

4 Turn 90deg Right Step L To The Side,

5 & 6 Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,

7 & 8 Step L To The Side, Turn 90deg Right Step R Forward, Step L Forward. (3.00) #

# 1/2 BACK-1/2 FORWARD-FORWARD, FORWARD-TOGETHER-BACK-TOGETHER, QUICK PADDLE-ACROSS, 1/4 BACK-1/2 FORWARD-1/4 SIDE

1 &	Turn 180dea Left S	tep R Back, Turn	180deg Left Step L Fo	orward.

2 Step R Forward,

3 & Step L Forward, Step R Together,

4 & Step L Back, Step R Together,

5 & Paddle: Step L Forward, Turn 90deg Right Take Weight Onto R,

6 Step L Across In Front Of Right.

7 & Turn 90deg Left Step R Back, Turn 180deg Left Step L Forward,

8 Turn 90deg Left Step R To The Side. (6.00)

# BACK-ROCK-1/4 BACK-1/2 FORWARD-QUICK PADDLE-ACROSS, SCISSOR STEP, SIDE-1/4 TOGETHER-FORWARD

1 8	<b>Š</b>	Step L	Back,	Rock	Forward	Onto R,
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2 & Turn 90deg Right Step L Back, Turn 180deg Right Step R Forward,

3 & Paddle: Step L Forward, Turn 90deg Right Take Weight Onto R,

4 Step L Across In Front Of Right, ##

5 & 6 Step R To The Side, Step L Together, Step R Across In Front Of Left,

7 & 8 Step L To The Side, Turn 90deg Right Step R Together, Step L Forward. (9.00)

# FORWARD, ROCK, 1/2 FORWARD-1/2 BACK-BACK-HOOK, FORWARD-1/2 BACK-1/2 FORWARD, QUICK PADDLE-ACROSS-SIDE

1 2	Step R Forward Rock Back Onto I

3 & Turn 180deg Right Step R Forward, Turn 180deg Right Step L Back,

4 & Step R Back, Hook L Heel To Right Shin,

5 & Step L Forward, Turn 180deg Left Step R Back,

6 Turn 180deg Left Step L Forward,

7 & Step R Forward, Turn 90deg Left Take Weight Onto L,

8 & Step R Across In Front Of Left, Step L To The Side. (6.00) \*\*

#### [32] REPEAT THE DANCE IN NEW DIRECTION

### TAG: At the END (\*\*) of WALL 1 (BACK) & WALL 4 (BACK) add the following tag

1, 2 STEP R ACROSS IN FRONT OF LEFT, ROCK BACK ONTO L,

RESTART 1 : On WALL 3 & WALL 6 dance to BEAT 8 ( # ) then TURN 90deg LEFT and RESTART to the FRONT.

RESTART 2 : On WALL 7 dance to BEAT 20 (##) and RESTART to the BACK.

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