Count: 32 Wall: 4 Level: Easy Intermediate
Choreographer: Pam Cassells (AUS) - April 2013
Music: A Real Good Way to Wind Up Lonesome - James House : (Album: As Days Gone By)

Start Position: Feet together - with weight on L foot.
Starts on vocals - 16 counts in from heavy beats. - Direction: Anti-clockwise

## BACK, KICK, BACK, KICK, SLOW BACKWARD COASTER, HOLD.

1,2 Step R back, kick L forward,
3,4 Step $L$ back, kick $R$ forward,
$5,6,7,8 \quad$ Slow coaster - step $R$ back, step $L$ beside $R$, step $R$ forward, hold,
SIDE STRUT, ROCK BACK, ROCK FWD, SIDE STRUT, ROCK BACK, ROCK FWD.
1,2 Toe/heel strut - step $L$ toe to $L$ side, drop weight onto $L$ heel,
3,4 Step/rock $R$ behind $L$, rock/replace weight forward on $L$,
$5,6 \quad$ Toe/heel strut - step $R$ toe to $R$ side, drop weight onto $R$ heel,
7,8 Step/rock $L$ behind $R$, rock/replace weight forward on $R$,
L FWD, BACK TAP, R BACK, KICK, SLOW BACKWARD COASTER, HOLD.
1,2 Step $L$ forward, tap $R$ toe behind $L$,
3,4 Step R back, kick $L$ forward,
$5,6,7,8 \quad$ Slow coater - step $L$ back, step $R$ beside $L$, step $L$ forward, hold,
SLOW FWD COASTER, VINE L WITH $90^{\circ}$ TURN L.
1,2,3,4 Slow forward coaster - step $R$ forward, step $L$ beside $R$, step $R$ back, hold,
$5,6,7,8 \quad$ Vine $L$ w/turn - step $L$ to $L$ side, step $R$ behind $L$, turn 90 degrees $L$ - step $L$ forward, touch $R$ beside L. (9:00 wall)

## Repeat Dance In New Direction

Tags: At the end of walls 6 and 9 there is a four (4) count Tag:
$1,2,3,4 \quad$ Step/drag $R$ to $R$ side, touch $L$ beside $R$, step/drag $L$ to $L$ side, touch $R$ beside $L$.
Finish: On wall 11 (back wall) - Dance to count 16 then add the following to face the front:
1,2 Step/rock $L$ forward, rock/replace weight back on $R$,
3,4 Turning 180 degrees $L$ - step $L$ forward, step $R$ beside $L$.
Dance sequence: 32, 32, 32, 32, 32, 32, 4, 32, 32, 32, 4, 32, 16 finish.
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