

Motown Angel

Count: 32

Wall: 4

Level: Improver

Choreographer: Sylvie Renzini (FR) - March 2013

Music: Angel (Metro Mix) - Lionel Richie



Intro : 64 counts

Section 1 : Side, Behind, Side Shuffle, Heel Grind, Side, Coaster Step

- 1 2 Step right to right side, Cross left behind right
- 3&4 Step right to right side, Step left next to right, step right to right side
- 5 6 Dig left heel over right - toes pointing right, grind left heel fanning toes left (taking weight) while stepping right to right side
- 7&8 Step left back, Step right beside left, step left forward

Section 2 : Forward Step, Pivot ½ Turn, Side Rock, Jazz Triangle

- 1 2 Step right forward, Pivot ½ turn left (weight onto left)
- 3 4 Rock right to right side, recover onto left
- 5 6 Cross right over left, step left back
- 7 8 Step right to right side, step left beside right

Section 3 : Arm movements with Heel Bounce (x4), Rolling Vine, Touch

- &1 Lift both heels up, drop both heels down while extending right arm pointing diagonally to 10.00
- &2 Lift both heels up, drop both heels down while extending right arm pointing diagonally to 11.00
- &3 Lift both heels up, drop both heels down while extending right arm pointing diagonally to 01.00
- &4 Lift both heels up, drop both heels down while extending right arm pointing diagonally to 02.00
- 5 6 Make ¼ turn left stepping left forward, make ½ turn left stepping right back
- 7 8 Make ¼ turn left stepping left to side, touch right next to left

Section 4 : Jazz Box ¼ Turn, Forward diagonal shuffle (x2)

- 1 2 Cross right over left, make ¼ turn left stepping left back
- 3 4 Step right to right side, Cross left over right
- 5&6 Step right diagonally forward, Step left next to right, step right diagonally forward
- 7&8 Step left diagonally forward, Step right next to left, Step left diagonally forward

Restart : During 3rd wall / section 3, after the 4 heel bounces start the dance again

Tag & Restart : During Wall 9 / section 4, after the jazz box ¼ turn add a 16 Counts tag

Tag 1 / During wall 9 : Stomp, Toe Fans : make these 8 counts twice and start the dance again

- 1 2 Stomp right forward toes pointing left, swivel right toes to right
- 3 4 Swivel right toes to left, swivel right toes to right
- 5 6 Stomp left forward toes pointing right, swivel left toes to left
- 7 8 Swivel left toes to right, swivel left toes to left

Keep on going

Restart : During Wall 10 at the end of section 2 Start the dance again

Tag : At the end of wall 11 : repeat the diagonal shuffles (R,L) of section 4 and Start the dance again

Keep on Dancing,

Enjoy Living

Last Update: 23 Mar 2024
