

# Hey Ho

Count: 32

Wall: 4

Level: Improver

Choreographer: Aiden Fryer (UK) - July 2013

Music: Ho Hey - The Lumineers



**Start dance Start on vocal. 16 counts**

## **HEEL AND HEEL AND HEEL HOOK HEEL TOUCH, SIDE BEHIND, SIDE CROSS, STEP ¼ STEP TOUCH**

- 1&2& Right heel, together, left heel together
- 3&4& Right heel forward, hook right above left knee, step down on right foot, touch right next to left
- 5&6& Step right to right side, left behind, right side, cross left over right
- 7&8& Rock right to right side, make ¼ to right stepping left foot forward, step on right foot, touch left next to right.

## **SIDE TOUCH SIDE, COASTER STEP, STEP FORWARD TOUCH, BACK TOUCH, BACK HOOK**

- 1&2 Step left to left side, touch right next to left, step right to right side
- 3&4 Left coaster step, stepping back on left, bring right next to left, step left forward
- 5&6& Step right forward, touch left next right, Step left behind, touch right next to left,
- 7& step right behind left and hook left above right knee

## **LEFT SHUFFLE STEP, STEP ½ STEP, ½ ¼ RHUMBA BOX.**

- 8& 1 Left shuffle forward, stepping left forward, bring right to left, step left forward.
- 2&3 Step Right forward forward, make ½ over left shoulder, step on left, step on right
- 4 Make ¼ stepping on left foot over right shoulder
- 5&6 Make ¼ turn over right shoulder, stepping on right foot, into a side together, forward, bring left foot to right, stepping on right foot forward.
- 7&8 Side together back, stepping left to left side, right next to left, stepping back on left foot.

## **RIGHT FORWARD ROCK, SWEEP INTO SAILOR ½, ROCK FORWARD RECOVER, BEHIND ¼ TURN RIGHT**

- 1-2 Rock forward on right recover on left
- 3&4 Sweep right foot into a ½ over right shoulder, stepping right left right
- 5-6 Rock forward left, stepping back on right
- 7&8 Stepping back on left, make ¼ right stepping on right, stepping on left.

**Restart on 1st wall after counts 28**

**Wall 2 after 24 counts**

**Wall 3 Dance up to 10 counts, then dance last 8 counts of the dance, repeat the last 6 counts of the dance and change counts 7-8 to a LEFT COASTER STEP and RESTART.**

**END OF DANCE**

Contact: [aiden.fryer2010@hotmail.co.uk](mailto:aiden.fryer2010@hotmail.co.uk)