

Bones (A Womans Dream)

COPPER KNOB
STEPSHEETS

Count: 34

Wall: 4

Level: Intermediate

Choreographer: Judith Campbell (NZ) - July 2013

Music: Bones - Ginny Blackmore : (iTunes)



Intro: 18 slow counts – Start on Vocals

[1 – 8] SIDE – ROCK RECOVER – STEP LOCK STEP - ROCK RECOVER HALF - TURN – FULL ROLL FWD

- 1 2& Step R to RS, rock L behind R, recover fwd onto R (&)
- 3 4& Step fwd on L, lock R up behind, step L ft fwd (&)
- 5&6 Rock fwd on R, recover onto L, (turning ½ to R) stepping fwd onto R ft. (6:00)
- 7&8 Full roll turn to R, ½, ½, step fwd (stepping LRL moving fwd 6:00)

[9 - 16] SIDE ROCK RECOVER – CROSS – BACK LOCK BACK – SWEEP BEHIND SIDE CROSS - LUNGE TO LS – RECOVER LIFT

- 1&2 Rock R to RS, recover onto L, cross R over front of L
- 3&4 Step L back, lock R over L, step back on L
- &5&6 Sweep R ft around to bk behind L, step L to LS, cross R over L
- 7 Rock/lunge over onto L ft, (lifting R heel off floor),
- 8 Recover onto R ft (heel onto floor)lifting L ft off floor.

[17 – 20] BEHIND SIDE CROSS – SIDE – ¼ – ¼ TURN – CROSS

- 1&2 Step L behind R, step R to RS, cross L over R,
- 3&4 (turning ¼ L) stepping back on R, (3:00), (turning ¼ L) step L to LS, cross R over L (12:00)

[21 – 24] & STEP TOGETHER – SIDE ROCK R – RECOVER TURN ¾ R - FWD L COASTER – BACK HOOK R (front)

- &5 Step L next to R (&), rock/step R to RS,
- 6& Recover onto L – sweeping R ft outwards while turning ¾ to R, step R next to L to face (&)
(9:00)
- 7&8 Step fwd on L, step R next to L, step back onto L (fwd coaster),
- & Hooking up R ft under L knee (&)

[25 – 28] SWAY R L – DRAG R ft IN – KNEE ROLL OUTWARDS – Arms Wrap Across Body (RL)

- 1 2 Step R ft to RS sway to RS, sway to LS, as you sway take R arm across to L arm, L arm to R
- 3&4 Drag R ft on ball in towards L start rotating knee outwards in a circular motion. Keep arms crossed

[29 – 34] WALK FWD – STEP – LOCK – STEP (twice) -

This step makes a full circle turn on spot to where you started from

- 1 2&3 (turning to R) Walk fwd on R ft, step L fwd, lock R behind L, step fwd on L ft, (3:00)
- 4 5&6 Walk fwd on R ft, step L fwd, lock R behind L, step fwd on L ft, (9:00)

[34] Start dance in new direction. Enjoy – The arm movements are optional (25 - 28)

Restarts: Dance: 1 – 28 then Restart at the beginning on:-

Walls: 2 (facing (6:00)), 5 facing (9:00), 8 facing (12:00)

Contact: jude.aleccampbell@xtra.co.nz