

It's Good To Be Breathing

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Higher Improver / Easy
Intermediate



Choreographer: Peter Davenport (ES) - August 2013

Music: It's Good To Be Us - Bucky Covington : (Album: Bucky Covington)

24 Count Intro, Start on Lyrics, Approx 10 seconds, [3.05]

L Heel Hook, L Shuffle Forward, R Rocking Chair

- 1,2 Touch L heel forward, Hook L heel up under R shin [12]
- 3&4 L shuffle forward, L,R,L
- 5,6 Rock forward on R, Recover on L
- 7,8 Rock back on R, Recover on L

Cross Side, R Sailor Step, Cross Side, L Sailor ¼ L

- 1,2 Cross R over L, Step L to L side
- 3&4 R sailor step (angle body to the R)
- 5,6 Cross L over R, Step R to R side
- 7&8 L sailor ¼ L [9]

*** Wall 4 - Tag / Restart**

Step, Hold, & Rock Replace, Shuffle Back, ½ Turn Shuffle L

- 1,2 Step forward on R, HOLD,
- &3,4 Bring L to R, Rock forward on R, Recover on L
- 5&6 Shuffle back R,L,R
- 7&8 L ½ turn shuffle, L,R,L [3]

Rock Replace, ½ R, ½ R, ¼ R Touch, ¼ L Together

- 1,2 Rock forward on R, Recover on L
- 3,4 ½ R step on R, ½ R step back on L
- 5,6 ¼ R step R to R, Touch L toe to R [6]
- 7,8 ¼ L step forward on L, Bring R to L (weight on R) [3]

TAG / RESTART: Wall 4 Restart & Change Of Step

Dance up to and including counts 5,6 on section 2 change counts 7&8 to L sailor 1/4 touch L to R,
Restart the dance from count 1 from 6 o'clock wall

(Tadah)

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