Angel On The Beach



Count: 64 Wall: 4 Level: Intermediate

Choreographer: Manuela Treuheit - September 2013

Music: Mermaid - Train : (iTunes)



Introduction: 16 counts



1&2	Kick R Foot Forward, Step R Foot Back (Next To L), Step In Place On L Foot
3&4	Rock R Behind L, Step L Foot Out To L Side, Step R Foot Out To R Side
5&6	Kick L Foot Forward, Step L Foot Back (Next To R), Step In Place On R Foot

7&8 Grinding The Left Heel Forward Into The Floor While Swiveling L Toe All The Way To L And

Turning ¼ L, Recover Weight Back On R, Step L Back Next To R (Weight L) 9 O'Clock)

(9-16) R Sailor, L Sailor, Out-Out, In-In

1&2 Rock R Foot Behind L, Step L Foot Out To L Side, Step R Foot Out To R Side
 3&4 Rock L Foot Behind R, Step R Foot Out To R Side, Step L Foot To L Side

5-6 Step Diagonally Forward With R, Step Diagonally Forward With L,

7&8 Step R Foot Diagonally Back, Step L Foot Diagonally Back (Weight Is On L), Touch R Toes

In Place (9 O'Clock)

(Here: 6 Count Tag And Restart On Wall 5)

(17-24) Crossing Heel Jack With 1/4 Turn R, 1/2 Turn L, L Coaster Cross And Cross And Cross

1&2& Cross R Over L, Step L To The Side By Turning 1/4 To The R, Touch R Heel Forward, Step R

Back Next To L (Weight Is On R) (12 O'Clock)

3-4 Step Forward On L. Turn ½ Turn Over Left By Stepping R Foot Back (6 O'Clock)

5&6& Step Back On L, Step R Next To L, Cross L Over R, Step R To The R

7&8 Cross L Over R, Step R To The R, Cross L Over R

(25-32) Rock Recover, Behind Side Cross, Rock Recover, L Coaster Step

1-2 Step R To The Side, Recover Weight Back On L
3&4 Step R Behind L, Step L To The Side, Cross R Over L
5-6 Step L To The Side, Recover Weight Back On R

7&8 Step Back On L, Step R Next To L, Step L Foot Forward (6 O'Clock)

(33-40) Heel Hook, Heel Touch, ½ Rumba Box R, Heel Touch, Side Touch, ½ Turn L

1&2& Touch R Heel Forward, Hook R Heel In Front Of L Leg, Touch R Heel Forward, Touch R

Toes Next To L Foot

3&4 Step R Foot To The R , Step L Foot Next To R, Step R Foot Forward

5&6& Touch L Heel Forward, Touch L Toes Back Next To R, Touch L Toes To The L, Touch L

Toes Back Next To R

7-8 Touch L Toes Behind R Foot, Turn ½ Turn Left On Your Toes, Weight Is On L Foot (12)

O'Clock)

(41-48) Rock Recover, ½ Triple Turn R, ½ Triple Turn R, R Coaster Step

1-2 Step Forward On R, Recover Weight Back On L
3&4 Triple ½ Turn R, Stepping Right-Left-Right (6 O`Clock)
5&6 Triple ½ Turn R, Stepping Left-Right-Left (12 O`Clock)
7&8 Step Back On R, Step L Next To R, Step Forward On R
(Last Step Is A R Touch Next To L, When You Restart On Wall 2 And 4)

(49-56) Step, 1/4 Turn R With A Cross, Rumba Box, R Coaster Step

	1&2	Step Forward On L, Turn ¼ To The R, Cross L Foot Over R (3 O Clock)
	3&4	Step R To The Side, Step L Next To R, Step Forward On R (Weight Is On R)
	5&6	Step L To The Side, Step R Next L, Step Back On L
	7&8	Step Back On R, Step L Next To R, Step Forward On R
(57-64) Step, ¼ Turn R With A Cross, ¼ Turn L, ½ Turn L, R Coaster Forward, L Coaster Back		
	1&2	Step Forward On L, Turn 1/4 To The R, Cross L Over R (6 O'Clock)
	3-4	Step R Foot Back, By Turning $\frac{1}{4}$ To The L, Step Back On L And Turn At The Same Time $\frac{1}{2}$ To The L (9 O`Clock)
	5&6	Step Forward On R, Step L Next To R, Step Back On R
	7&8	Step Back On L, Step R Next To L, Step Forward On L

Tag: On 5th Wall After 16 Counts

(1-6) Jazz Box To The L, R Kick Ball Change

1-2 Cross R Over L, Step Back On L

3-4 Step R To The Right Side, Step L Next To R (Weight Is On L)

5&6 Kick R Foot Forward, Step R Foot Back Next To L, Step In Place On L Foot

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