

# Frozen Heart

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Ria Vos (NL) - September 2013

Music: Now That You're Gone (Radio Edit) - Tanya Lacey : (Single)



**Intro: 16 Counts (±10 sec)**

**Step Fwd, Step Spiral Full Turn R, Step Fwd, Mambo Sweep, Sailor ¼ Turn L, Lock, Step to R Diagonal**

1-2-3 Step Fwd on R, Step Fwd on L Spiral Full Turn R, Step Fwd on R

**(non turning option: walk Fwd R-L-R)**

4&5 Rock Fwd on L, Recover on R, Step Back on L Sweeping R from Front to Back

6&7 Cross R Behind L, ¼ Turn L Step Fwd on L, Step R to R Diagonal

8& Lock L Behind R, Step R to R Diagonal

**Cross Rock, & Cross, Full Turn R, Rock Back, Step Pivot ¼ Turn L**

1-2 Cross Rock L Over R, Recover on R

&3 Step L Back and to L Side, Cross R Over L

4&5 ¼ Turn R Step Back on L, ½ Turn R, Step Fwd on R, ¼ Turn R Step L to L Side

**(non turning option: Chasse L Stepping L-R-L)**

6-7 Rock Back on R, Recover on L

8& Step Fwd on R, Pivot ¼ Turn L

**\*\*\*Restart Point**

**Cross, Sweep Touch Fwd, Step Fwd, Step Pivot ¼ L, -Repeat**

1 Cross R Over L Sweeping L from Back to Front

2-3 Touch L Toe Slightly Fwd with Knee Bend (angle body R), Step Fwd on L

4& Step Fwd on R, Pivot ¼ Turn L

5 Cross R Over L Sweeping L from Back to Front

6-7 Touch L Toe Slightly Fwd with Knee Bend (angle body R), Step Fwd on L

8& Step Fwd on R, Pivot ¼ Turn L

**Weave L Sweep, Behind-Side, Cross with Hitch, Rock Back, Step Pivot ½ Turn L**

1-2-3 Cross R Over L, Step L to L Side, Step R Behind L Sweeping L from Front to Back

4&5 Step L Behind R, Step R to R Side, Cross L Over R slightly Hitching R knee

6-7 Rock Back on R, Recover on L

8& Step Fwd on R, Pivot ½ Turn L

**Restart: On wall 2 and 6 after count 16& both times facing 12:00**

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