Count: 64 Wall: 4 Level: Intermediate
Choreographer: Francien Sittrop (NL) - October 2013
Music: One Day - Caro Emerald : (Album: The Shocking Miss Emerald)

Intro: Start after 32 counts on Vocals
[1-8] Toestruts R \& L (You may also use hips), Rocking Chair
1-2 Step R Toe fwd, Step R Heel down and click fingers
3-4 Step L Toe fwd, Step L Heel down and click fingers
5-8 Rock R fwd, Recover on L, Rock R back, Recover on L
[9-16] Toestruts R \& L(You may also use hips),, Rock fwd Recover, Step Back, Touch fwd
1-2 Step R Toe fwd, Step R Heel down and click fingers
3-4 Step L Toe fwd, Step L Heel down and click fingers
5-6 Rock R fwd, Recover on L
7-8 Step R back, Touch L fwd and Click your fingers over your $R$ shoulder
[17-24] Step , Scuff, Jazz Box , Side, Behind
1-2 Step L fwd, Scuff R fwd
3-4 Step $R$ across $L$, Step $L$ back
5-6 Step $R$ to $R$ side, Step across $L$
7-8 Step $R$ to $R$ side, Step $L$ behind $R$
[25-32] Side Shuffle, Rock Recover, Side, Behind, $1 / 4$ Shuffle fwd
1 \& $2 \quad$ Step $R$ to $R$ side, Step $L$ next to $R$, Step $R$ to $R$ side
3-4 Rock L back, Recover on R
5-6 Step $L$ to $L$ side, Step $R$ behind $L$
7 \& $8 \quad 1 / 4$ Turn $L$ step $L$ fwd , Step R next to L, Step L fwd (09.00)
**R**
[33-40] Step fwd Recover, Pivot $1 / 4$ L x2 , Step fwd Touch Behind, Step Back, Heel fwd, Hold
1-2 Step R fwd, Recover on L with $1 / 4$ Turn $L$ and use Hips
3-4 Step R fwd, Recover on L with $1 / 4$ Turn $L$ and use Hips (03.00)
5-6 Step $R$ fwd, Touch $L$ behind $R$
\&7-8 Step $L$ back, Touch $R$ heel fwd, Hold
[41-48] Side Mambo's x2, Touch , Hold
1-4 Rock $R$ to $R$ side, Recover on $L$, Step $R$ fwd, Rock L to $L$ side
5-8 Recover on R, Step L fwd ,Touch R next to L, Hold
[49-56] Step fwd, Point Side x2, Jazzbox ½ Turn R
1 - $2 \quad$ Step $R$ fwd, Point $L$ to $L$ side
3-4 Step $L$ fwd, Point $R$ to $R$ side
5-8 Step R across L, $1 / 4$ Turn R step L back, $1 / 4$ Turn R step R fwd, Step L fwd (09.00)
[57-64] Hiprolls, Step fwd , Hold x2
1-4 Touch R fwd and roll your hips clockwise (1-2), Bump hips Right (3), Hold (4)
$5-8 \quad$ Touch $L$ fwd and roll your hips counterclockwise (5-6), Bump hip L (7) , Hold (8)

Restarts : During wall 2(06.00),Wall 5 (09.00), Wall 7(03.00) after count 32 start again with count 1
Tag 1 (8 counts): (facing 3 o'clock wall)

After wall 3 : Do the last 8 counts (hiprolls, Hold) and start again with count 1
Tag 2 (32counts - 16x2) : (Facing 6 o'clock wall)
After wall 6 :
[1-8] Rumba Box , Hold x2
1-4 Step R to R side, Step L next to R, Step R fwd, Hold
5-6 Step L to L side, Step R next to L, Step L back, Hold
[9-16] Coaster Cross, Hold , $1 / 2$ Turn R , Cross , Hold
1-4 Step R back, St ep L next to R, Step R across L, Hold
5-8 $1 / 4$ Turn R step L back, $1 / 4$ Turn R step R to R side, Step L across R, Hold
Repeat these 16 counts and start again with count 1
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