Being Me



Count: 48 Wall: 2 Level: Intermediate

Choreographer: Lorraine Shelton (AUS) - September 2013

Music: Learning to Live - Beth Hart : (Show Theme Song)



ROCK, 1/2, FULL TURN, FORWARD, BACK& BACK, FORWARD

1,2,3&4& Rock forward R, Recover back onto L, Turn $\frac{1}{2}$ R – Step forward R, R full turn forward (L,R,L) Step Forward onto R, Recover back onto L, Step R tog, Step back onto L, Step forward onto

R

FORWARD, 1/4 PIVOT, WEAVE, SWAY, BEHIND UNWIND

&1,2,3&4& Step L Tog, Step forward R – ¼ pivot to L, Cross R over L, Step L to L side, Cross R Behind

L, Step L to side

5,6,7,8 Sway Hips to R, Sway Hips to L, Cross R over L-unwind ½ turn L (Keep weight on L)

STEP SWEEP, STEP SWEEP, ROCK, 1/2 TURN, STEP SWEEP, STEP SWEEP, ROCK 1/4 TURN

1&2&3&4& Step forward R sweeping L forward, Step L Forward sweeping R forward, Step forward onto

R, Recover onto L, (**) Turn ½ to R step forward onto R, Step forward onto L

5&6&7&8& Step forward R sweeping L forward, Step L Forward sweeping R forward, Step forward onto

R, Pivot ¼ turn L, Cross R Over L, Step L to L side

BACK ROCK, BACK ROCK, ½ TURN, FULL TURN, WALK FORWARD, TOGETHER

1,2&3,4& Rock back on R behind L, Recover forward onto L, Step R to R side, Rock back on L behind

R, Recover forward onto L, Step L to L side

5,6&7&8 Turn ½ R and step forward on R, Full turn forward, Step forward on L, Step R together, Step

L forward

1/4 PIVOT, CROSS 1/2, 1/2 TURN, POINT, SAILOR, 1/4 TURN, STEP FORWARD, ROCK

1,2,3&4 Step forward on R,1/4 Pivot turn L, Cross R over L -1/2 turn L(weight stays on L) Cross R

over L turning ½ L (making a full turn) Point R to Side

5&6&7,8 Cross R behind L, Step L to L side, Step R to R Side, Turn 1/4 L- step L to L side, Rock

forward on R, Recover L

1/4 TURN STEP & POINT, BEHIND, SIDE, FRONT, HIPS, 1/4 SAILOR, STEP

1,2&3,4 Turn ¼ R – Step R to R side, Point L to L side, Cross L behind R, Step R To R side, Cross L

over R,

5,6&7,8& Step R to R side and sway hips R L, Cross R behind L, Turn ¼ R, Step L to L side, Step R to

side, Step forward L

** Short Wall 5 –instead of the ½ turn, make a ¼ turn R step onto R, Step L forward and Restart facing the front wall.

Contact: lass_shelton@hotmail.com - 0427917889

(Version 3)

Last Revision - 25th Oct 2013