Count: 68
Wall: 1
Level: Phrased Intermediate
Choreographer: William Sevone (UK) - November 2013
Music: How Glad I Am - Nancy Wilson : (many compilations)

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Dance Sequence:- A - A - B - A - TAG - A (25-36) - A (25-36).
Choreographers note:- Remember to use the down beat to time the dance - not the rhythm
Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.
Dance starts on the main vocals.
PART A
2x Side Step-Drag-Tap (12:00)
L Large step right to right side.
2-4 Drag left next to right over 2 counts. Tap left next to right
L Large step left to left side.
6-8 Drag right next to left over 2 counts. Tap right next to left
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2x Sway. Recover. 3/4 Sweep. 1/4 Sweep. Side Cross (12:00)
9-11 Sway right to right side. Sway onto left. Recover weight onto right.
12-13 Sweep left foot turning $3 / 4$ right \& step left to left side (9)
14 continue sweep - Turn $1 / 4$ right \& sweep right behind left (12).
15-16 Step left to left side. Cross right over left.
Side. 3/4 Sweep. 1/4 Sweep. Sway. Sway. 2x Sway Diagonal. Sway (12:00)
17-19 Step left to left side. Sweep right foot turning $3 / 4$ left \& step right to right side (3)
20 continue sweep - Turn $1 / 4$ left \& sweep left behind right (12).
21-22 Sway right to right side. Sway onto left diagonally forward left.
23-24 Sway onto right diagonally forward right. Sway left to left side.
Recover. Forward. Rock. Recover. 2x Diagonal Back-Touch (12:00).
25-26 Recover weight onto right. Step forward onto left.
27-28 Rock forward onto right. Recover onto left.
29-30 sweeping right foot - Cross right diagonally left behind left. Touch left to left side
31-32 Cross left diagonally right behind right. Touch right to right side.
2x Diagonal Fwd-Touch (12:00)
33-34 Cross right diagonally forward left. Touch left to left side.
35-36 Cross left diagonally forward right. Touch right next to left.
PART B
2x Diag-Lock-Step-Lockstep (10:30)
1 - $2 \quad$ Step right diagonally right (1.30). Lock left behind right
3\& $4 \quad$ Step right diagonal forward right, lock left behind right, step right diagonal forward right (1.30)
5-6 Step left diagonally forward left (10.30). Lock right behind left.
$7 \& 8 \quad$ Step left diagonally forward left, lock right behind left, step left diagonally forward left (10.30)
2x Sway. 1/2 Sway. Sway. 1/4 Sway. 3/4 Forward. Step-Lockstep (6)
9-10 straighten up to face 12-Sway right to right side. Sway onto left.
11-12 Turn $1 / 2$ right \& sway right to right side (6). Sway onto left.
13-14 Turn $1 / 4$ left \& step right to right side (3). Turn $3 / 4$ left \& step forward onto left (6).
15\& 16 Step forward onto right, lock left behind right, step forward onto right.

## 'HOW GLAD I AM' Part 2 of 2

## 2x Diagonal Fwd Sway. Behind. Unwind 1/2 Side. 1/4 Chasse. 1/4 Back. Back (6)

17-18 Sway diagonally forward left onto left foot. Sway diagonally forward right onto right foot.
19-20 Cross left behind right. Unwind $1 / 2$ left \& step left to left side (12).
21\&22 Turn $1 / 4$ left \& step right to right side (9), step left next to right, step right to right side.
23-24 Turn $1 / 4$ left \& step backward onto left (6). Step backward onto right.

Diagonal Back Touch. 3x Forward. Diagonal Back Touch. Fwd. ½ Back. Touch Together (12:00)
25-26 turning upper body left - Touch left toe diagonally back left. Step forward onto left
27-28 Step forward onto Right. Step forward onto left.
29-30 turning upper body right - Touch right toe diagonally back right. Step forward onto right
31-32 Turn $1 / 2$ left \& step backward onto left (12). Touch right next to left.
TAG: After 3rd PART A (see sequence in main heading)
1-2 Rock forward onto right. Recover onto left.
3-4 Rock backward onto right. Recover onto left.
AFTER TAG: Repeat Counts 25 to 36 of PART A TWICE to finish the dance.

