# I Am The Best



Count: 64 Wall: 2 Level: Intermediate

Choreographer: John Ng (SG) - December 2013

Music: I Am the Best (내가 제일 잘나가) - 2NE1



Intro: 80 counts from start of track (start dance after the words: "Oh My God")

## FORWARD ROCK, R COASTER, PIVOT ½ R, STEP, SCUFF

onto left
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3&4 Step back on right, step left beside right, step forward on right

5-6 Step forward on left, pivot ½ turn right

7-8 Step forward on left, scuff right

#### FORWARD, SLIDE, BODY ROLL (DOWN TO UP), BACK, SLIDE, BODY ROLL (DOWN TO UP)

1-2 Step forward on right, slide left towards right foot and beside right

3-4 Bending knees and body roll up over 2 counts

5-6 Step back on right, slide left towards right foot and beside right

7-8 Bending knees and body roll up over 2 counts

#### R CHASSE, BACK ROCK, 1/4 R, 1/4 R, CROSS SHUFFLE

1&2 Step right to right, step left beside right, step right to right

3-4 Rock left behind right, recover onto right

5-6 ½ turn right step back on left, ¼ turn right step right to right 7&8 Cross left over right, step right to right, cross left over right

#### SIDE, SLIDE, HIP ROLL, SIDE, SLIDE, HIP ROLL

1-2 Step right to right, drag left toe towards right

3-4 Roll hips anti-clockwise over 2 counts

5-6 Step left to left, drag right toe towards left

7-8 Roll hips clockwise over 2 counts

#### OUT-OUT, R CHASSE, OUT-OUT, L CHASSE

1-2 Step right to right, step left to left

3&4 Step right to right, step left beside right, step right to right

5-6 Step left to left, step right to right

7&8 Step left to left, step right beside left, step left to left

#### CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE, CROSS ROCK, SIDE ROCK, CROSS ROCK, ¼ L

1&2& Rock right over left, recover onto left, rock right to right, recover onto left

3&4 Rock right over left, recover onto left, step right to right

Rock left over right, recover onto right, rock left to left, recover onto right Rock left over right, recover onto right, ¼ turn left step forward on left

#### R FORWARD SHUFFLE, L FORWARD SHUFFLE, R KICK & POINT, L KICK & POINT

Step forward on right, lock left behind right, step forward on right
Step forward on left, lock right behind left, step forward on left
Kick right foot forward, step right beside left, point left toe to left
Kick left foot forward, step left beside right, point right toe to right

## CROSS, SIDE, BEHIND, 1/4 R, STEP, FORWARD ROCK, L COASTER

1-2 Cross right over left, step left to left

3&4 Step right behind left, ¼ turn left step forward on left, step forward on right

5-6 Rock forward on left, recover onto right

7&8 Step back on left, step right beside left, step forward on left

# **REPEAT**

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