Please Rescue Me

Count: 64

Level: Low Intermediate

Choreographer: Penny Tan (MY) & Candy Lock (MY) - December 2013 Music: SOS - Rihanna

Intro: 32 counts (Dance starts on heavy beats) [1 - 8]: Walk, Walk, Fwd Shuffle, Fwd Rock Recover, Coaster Step 1-2 Walk fwd on R, L 3&4 Step fwd on R, step L beside R, step fwd on R 5-6 Step L fwd, rock recover on R 7&8 Step back on L, step R beside L, step fwd on L [9-16]: Rocking Chair, Jazz Box 1-2-3-4 Step fwd on R, recover on L, step back on R, recover on L 5-6 Cross R over L, step back on L 7-8 Step R to R side, cross L over R [17-24]: R Cross, Rock Recover, Side Chasse, (Repeat on L) 1-2 Cross R over L, recover on L 3&4 Step R to R side, step L beside R, step R to R side 5-6 Cross L over R, recover on R 7&8 Step L to L side, step R beside L, step L to L side [25-32]: Paddle ¼ turn, Paddle ¼ turn, Cross, side Touch, Behind, Side Touch 1-2 Step fwd on R, make a 1/4 turn to L, recover on L (9.00) 3-4 Step fwd on R, make a 1/4 turn to L, recover on L (6.00) 5-6 Cross R over L, touch L to L side 7-8 Cross L behind R, touch R to R side [33-40]: Walk, Walk, Fwd Hitch, Back, Back, Back Flick 1-2-3-4 Walk fwd on R, L, R, hitch L fwd 5-6-7-8 Step back on L, R, L, flick R to back [41-48]: Diagonally Walk, Walk, Fwd Kick, Side, Full Turn (6.00), Touch 1-2-3-4 Diagonally walk fwd on R, L, R, kick L fwd 5-6 Step L to L side, make a 1/2 turn to L (12.00) as step R to R side 7-8 Make a 1/2 turn to L (6.00) as step L to L side, touch R beside L [49-56]: Step Back, Fwd Touch Hips (repeat x 4) &1-2 Step back on R, touch fwd on L with hips &3-4 Step back on L, touch fwd on R with hips &5-6 Step back on R, touch fwd on L with hips &7-8 Step back on L, touch fwd on R with hips [57-64]: Walks step, Weave (fast), Touch 1-2-3-4 Walk fwd on R, L,R, L 5&6&7&8 Cross R over L, step L to L side, cross R behind L, step L to L side, cross R over L, step L to L side, touch R beside L

Dance again!

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Wall: 2