# Like The Good Old Days



Count: 48 Wall: 2 Level: Improver

Choreographer: Don Pascual (FR) - December 2013

Music: Good Old Days - The Tractors



#### Start on vocals

## Section 1: Chasse to the R, back rock step, chasse to the L, back rock step

1&2 Step R to R side, step L beside R, step R to R side

3-4 L back rock, recover onto R

5&6 Step L to L side, step R beside L, step L to L side

7-8 R back rock, recover onto L

### Section 2: R kick ball step x2, dwight steps in place

1&2 R kick forward, R beside L (on ball), step L forward 3&4 R kick forward, R beside L (on ball), step L forward

5-6 Swivel L heel to the R touching R toes beside L, swivel L heel to the L touching R heel

forward

7-8 Swivel L heel to the R touching R toes beside L, swivel L heel to the L touching R heel

forward

RESTART: Wall 5 facing 12h00

### Section 3: Jazz triangle with toe struts making a R 1/4 T,

1-2 Cross R toe over L, drop R heel

3-4 L toe back, drop L heel

5-6 R ¼ T & R toe to R side, drop R heel

7-8 L toe beside R, drop L heel

### Section 4: Swivels to the R x3, hold + clap, swivels to the L x3, hold + clap

Swivel both heels to the R, swivel toes to the R, swivel heels to the R, hold + clap

Swivel heels to the L, swivel toes to the L, swivel heels to the L, hold + clap

# Section 5: Syncopated jump out fwd, hold, syncopated jump in fwd x2, syncopated jump out fwd, hold, syncopated jump in fwd x2

&1-2	Syncopated jump out forward (R, L), hold
&3&4	Syncopated jump in forward (R, L) x 2
&5-6	Syncopated jump out forward (R, L), hold
&7&8	Syncopated jump in forward (R, L) x 2

### Section 6: Stomp up R, R toe fans making a R 1/4 T, stomp up L, L toe fans

1-4 Stomp up R beside L (R toe in L diagonal), swivel R toe to the R, to the L, to the R making a

R 1/4 T

5-8 Stomp up L beside R (L toe in R diagonal), swivel L toe to the L, to the R, return to center

(ending weight on L)

## Have fun with this dance !!

Contact: countryscal@orange.fr