Count: 64
Wall: 4
Level: Intermediate (Funky)
Choreographer: Materne Georgette (FR) - January 2014
Music: Can't Hold Us (feat. Ray Dalton) - Macklemore \& Ryan Lewis

Intro : 48 counts
SIDE,TOUCH,SIDE ,TOUCH,SIDE,HITCH, SIDE ,TOUCH
1-2 RF step side R, LF touch beside to LF
3-4 LF step side L, RF touch beside to RF
5-6 $\quad$ RF step side $R$, LF hitch
7-8 LF step side L, RF touch beside to LF
KICK BALL TOUCH, STEP FORWARD, SWEEP ¼ TURN L, CROSS, SIDE,BEHIND, $1 / 4$ TURN , $1 / 4$ TURN LEFT, TOUCH
1\&2 RF kick forward, RF step next to LF, LF toe forward
\&3-4 LF step forward, RF sweep back to front $1 / 4$ turn L, RF cross over LF 9:00
5-6 LF step side, RF behind
7-8 LF step forward1/4 turn L6:00 , 1/4 turn L, RF touch beside to LF 3:00
TOUCH R HEEL FORWARD 2X , TOUCH L HEEL FORWARD 2X, JUMP OUT ,JUMP CROSS, ½ TURN L , HOLD
1-2 $\quad R F$ touch heel forward twice
\&3-4 RF togheter, LF touch heel forward twice
\&5-6 LF togheter, jump out , Jump cross RF over to LF
7-8 $\quad 1 / 2$ turn $L$, hold 9:00
SIDE, HITCH, SIDE,HITCH, SWIVEL HEELS BEND KNEE
1-2 $\quad$ RF step side $R$, $L F$ hitch
3-4 LF step side L, RF hitch
\&5-6 $\quad$ RF step side R, swivel heels out, swivel heels with bend knee
7\&8 RF \& LF swivel heels out, in, out
*Restart wall 3 \& 6
SIDE , TOUCH BEHIND, SIDE , TOUCH BEHIND, KICK FORWARD JUMP OUT, OUT, CROSS TOUCH BEHIND, $1 / 2$ TURN R
1-2 RF step side R, LF touch crossed behind
3-4 LF step side L, RF touch crossed behind
5\&6 RF kick forward, RF jump out side R, LF out side L
7-8 RF cross touch behind, $1 / 2$ turn R 3:00
STEP FORWARD, KICK FWD, ½ TURN FLICK, KICK FORWARD,COASTER STEP, STEP FORWARD BODYROLL
1-2 LF step forward, RF kick forward
3-4 RF $1 / 2$ turn $L$ flick back, Kick forward 9:00
5\&6 RF step back, LF step next beside to LF, RF step forward
7-8 LF step forward with bodyroll RF next to LF
KICK BALL TOUCH, KICK BALL TOUCH, KICK, KICK, SIDE, TOUCH CROSS BEHIND, SIDE
1\&2 RF kick forward, RF togheter, LF touch side left
3\&4 LF kick forward, RF togheter, RF touch side right
5-6 RF kick forward diagonally left 2x
\&7-8
RF step side R, LF touch crossed behind, LF step side L

HEEL GRIND R, HEEL GRIND L, CROSS ,1/2 TURN L, BEND, RAISE
1-2 $\quad R F$ heel grind with right (toes from left to right), recover
\&3-4 $\quad R F$ togheter, heel grind with left (toes from right to left), recover
5-6 RF cross over LF, ½urn L 3:00
7-8 ben knees, raise knees
RESTART: during wall 3 (6:00) after 32 counts restart facing 3:00 \& wall 6 (9:00) after 32 counts restart facing 6:00

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