Live For Today



Count: 32 Wall: 2 Level: Improver

Choreographer: Roz Chaplin (UK) & Colin B. Smith (UK) - January 2014

Music: Live For Today - Stubby : (CD: Flying the Flag)



Dance is dedicated to the late Alf Roberts (R.I.P)

16 Count Intro

7&8

SWAY HIPS, SIDE TOGETHER BACK, SWAY HIPS, SIDE TOGETHER FORWAED

Step left to left side, close right beside left, step left forward

1-2	Step right to right swaying hips to right, sway hips to left
3&4	Step right to right side, close left beside right, step right back
5-6	Step left to left swaying hips to left, sway hips to right

WALK, WALK, SIDE ROCK CROSS, SWAY HIPS, LEFT CHASSE

	144 11 6
7&8	Step left to left, close right beside left, step left to left side
5-6	Step left to left swaying hips to left, sway hips to right
3&4	Rock right to right side, recover onto left, cross right over left
1-2	Walk forward right, walk forward left

Restart Here on Wall 3

FORWARD, 1/2 TURN, BACK, BACK SWEEP, SAILOR STEP, SAILOR 1/4 TURN

1&2	Step forward on right, make ½ turn to right stepping left back, step right back (6)
3-4	Step left back sweep right toe round to right
5&6	Step right behind left, step left to left side, step right to right side
7&8	Step left behind right, make 1/4 turn to left stepping right to right side, step left to left side (3)

JAZZ BOX 1/4 TURN, SWEEP, LOCK STEP, SWEEP

1-2	Cross right over left, step back on left
3-4	Make ¼ turn right stepping right to right side, sweep left forward (6)

5-8 Step forward on left, lock right behind left. step forward on left sweep right forward

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Thanks to special friend for 8 Counts of this dance