

# Give Your Heart A Break

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Jonat Marinas (USA) - September 2013

**Music:** Give Your Heart a Break - Demi Lovato : (CD: Unbroken - iTunes)



**Start dance on lyrics**

## **SIDE STEPS, TOE TOUCHES, LEFT SAILOR 1/4 TURN**

- 1-2 Step R to side, step L together
- 3-4 Step R to side, touch L together
- 5-6 Touch L toes forward, touch L toes to side
- 7&8 Cross L behind R and turn 1/4 left, step R together, step L in place

## **TOE TOUCHES, SHUFFLE, STEP-TURN,**

- 1-2 Touch R toes forward, touch R toes back
- 3&4 Shuffle forward R, L, R
- 5-6 Step L forward, turn 1/2 right
- 7-8 Step L forward, step R together

## **ROCK, RECOVER, BEHIND-SIDE-CROSS, ROCK, RECOVER, RIGHT SAILOR 1/4 TURN**

- 1-2 Rock L to side, recover to R
- 3&4 Step L behind R, step R to side, cross L over R
- 5-6 Rock R forward, recover to L
- 7&8 Cross R behind L and turn 1/4 right, step L together, step R in place

## **STEP-TURN, KICK-BALL-CHANGE, STEP-TOGETHER, STEP-TOUCH**

- 1-2 Step L forward, turn 1/4 right
- 3&4 Kick L forward, step L beside R, step R in place
- 5-6 Step L forward, step R together
- 7-8 Step L forward, touch R together

**Repeat**

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