Move to The Rhythm

Level: Absolute Beginner

Count: 32 Choreographer: Marie H. Sacarello - February 2014 Music: Olé Olé - DJ Bobo : (Peter Pan Clip)

Count in : 24 counts from start of track

[1-8] L Point fwd, L point side, L back, R touch close, R point fwd, R point side, R back, L touch close

- Point left forward, point left to left side 1-2
- 3-4 Step back on left, touch right toes next to left
- 5-5 Point right forward, Point right to right side
- 7-8 Step back on right, touch left toes next to right

[9-16] L fwd shuffle, R fwd shuffle, L fwd, recover, L back, R stamp close

- Shuffle forward stepping L,R,L 1&2
- 3&4 Shuffle forward stepping R,L,R
- 5-6 Rock step left forward, recover weight onto right
- Step back on left, step right next to left (strong step down) 7-8

[17-24] L side mambo, R side mambo,

- Rock step left to left side, recover weight onto right 1-2
- 3-4 Step left next to right, hold
- 5-6 Rock step right to right side, recover weight onto left
- 7-8 Step right next to left, hold

[25-32] L fwd mambo, back, recover, close, hold

- Rock step left forward, recover weight onto right 1-2
- 3-4 Step left next to right, hold
- 5-6 Rock step back on right, recover weight onto left
- 7-8 Step right next to left, hold

Have fun and stay healthy!

Contact: my7whiteroses@googlemail.com





Wall: 1